

## HEALTH

### Structuring Competencies in a Definitive Budget of Work

**Template 3 : Unpacking of Learning Competencies**

<b>GRADE</b>	10
<b>Quarter</b>	First
<b>Key Stage</b>	7-10
<b>Key Stage Standards</b>	The learner demonstrates an understanding of key health concepts related to the achievement, sustainability and promotion of wellness as it improves the quality of life of the individual, the family and the larger community.
<b>Domain</b>	CONSUMER HEALTH
<b>Performance Standard</b>	demonstrates critical thinking and decision making skills in the selection, evaluation and utilization of health information, products and services.
<b>Content Standards</b>	understands the guidelines and criteria in the selection and evaluation of health information, products, and services.

Week	Domain	Learning Competencies	Code	Number of Days Taught	REMARKS
1-2	Guidelines and Criteria in the Selection and Evaluation of health information ,products &services	1. differentiates reliable from unreliable health information, products and services;	H10CH-la-b19	1	
1-2		2. explains the guidelines and criteria in the selection and evaluation of health information, products and services	H10CH-la-b20	1	
1-2	Health Service Providers	3. discusses the various forms of health service providers and healthcare plans;	H10CH-la-b21	1	
3		4. selects health professionals, specialists and health care services wisely;	H10CH-lc-22	1	
5-8	Quackery: Types	5. explains the nature and dangers of quackery;	H10CH-lc-23	1	

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3		6. reports fraudulent health services	H10CH-lc-24		
4	Complementary and Alternative Healthcare Modalities	7. explains the different kinds of complementary and alternative health care modalities.	H10CH-lc-25	1	
4	Consumer welfare and protection	8. explains the importance of consumer laws to protect public health	H10CH-lc-26	1	
5-6		9. identifies national and international government agencies and private organizations that implement programs for consumer protection	H10CH-le-f27	1	
7-8		10. participates in programs for consumer welfare and protection	H10CH-lg-h28	1	
		11.		9	

#### Template 3 : Unpacking of Learning Competencies

<b>GRADE</b>	10
<b>Quarter</b>	Second
<b>Key Stage</b>	7-10
<b>Key Stage Standards</b>	The learner demonstrates an understanding of key health concepts related to the achievement, sustainability and promotion of wellness as it improves the quality of life of the individual, the family and the larger community.
<b>Domain</b>	HEALTH TRENDS, ISSUES AND CONCERNS (National Level) –
<b>Performance Standard</b>	consistently demonstrates critical thinking skills in exploring local, regional and national health trends, issues, and concerns
<b>Content Standards</b>	demonstrates understanding of current health trends, issues and concerns in the local, regional, and national, levels

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Week	Domain	Learning Competencies	Code	Number of Days Taught	REMARKS
1	Existing National Laws Related to Health Trends, Issues, and Concerns	12. discusses the existing health related laws;	H10HC-IIa-1	5	
		<ul style="list-style-type: none"> <li>discusses / explains the existing health related laws; Responsible Parenthood and Reproductive Health Act(RA10354) ,</li> </ul>		(1)	
		<ul style="list-style-type: none"> <li>discusses / explains the existing health related laws; Tobacco Regulation Act of 2003 (RA 9211) Comprehensive Dangerous Drugs Act of 2002 (RA 9165)</li> </ul>		(1)	
		<ul style="list-style-type: none"> <li>discusses explains the existing health related laws; Consumer Act (RA 7394) National Environmental Awareness and Education Act of 2008 (RA 9512) Traditional and Alternative Medicine Act of 1997 (RA 8423)</li> </ul>		(1)	
		<ul style="list-style-type: none"> <li>discusses /explains the existing health related laws; Philippine AIDS Prevention and Control Act of 1998 (RA 8504) 7. National Blood Services Act of 19</li> </ul>		(1)	
		<ul style="list-style-type: none"> <li>discusses / explains the existing health related laws; Seat Belts Use Act of 1999 (RA 8750) Cybercrime Prevention Act of 2012 (RA 10175) Anti-Pornography Act (RA 9775)</li> </ul>		(1)	
2		13. explains the significance of the existing health related laws in safeguarding people's health;	H10HC-IIb-2	1	
3-4		14. follows existing health related laws	H10HC-IIc-d3	1	
3-4		15. critically analyzes the impact of current health trends, issues, and concerns	H10HC-IIc-d4	1	

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5-8		16. recommends ways of managing health issues, trends and concerns	H10HC-Ile-g5	1	
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<b>GRADE</b>	10
<b>Quarter</b>	Third
<b>Key Stage</b>	7-10
<b>Key Stage Standards</b>	The learner demonstrates an understanding of key health concepts related to the achievement, sustainability and promotion of wellness as it improves the quality of life of the individual, the family and the larger community.
<b>Domain</b>	- HEALTH TRENDS, ISSUES AND CONCERNS (GlobalLevel)
<b>Performance Standard</b>	demonstrates competence in applying knowledge of global health to local or national context global initiatives
<b>Content Standards</b>	demonstrates awareness of global health initiatives

Week	Domain	Learning Competencies	Code	Number of Days Taught	REMARKS
1	Existing Global Health Initiatives	1. Discusses the importance of global health initiatives	H10HC-IIIa-1	2	
2-3		2. describes how global health initiatives positively impact people's health in various countries;	H10HC-IIIb-c2	2	
2-3		3. analyzes the issues in the implementation of global health initiatives;	H10HC-IIIb-c3	2	
4-5		4. recommends ways of adopting global health initiatives to local or national context	H10HC-IIIb-e4	2	

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<b>GRADE</b>	10
<b>Quarter</b>	Fourth
<b>Key Stage</b>	7-10
<b>Key Stage Standards</b>	The learner demonstrates an understanding of key health concepts related to the achievement, sustainability and promotion of wellness as it improves the quality of life of the individual, the family and the larger community.
<b>Domain</b>	– Planning for a Health Career
<b>Performance Standard</b>	prepares an appropriate plan of action in pursuing a health career
<b>Content Standards</b>	demonstrates understanding of the concepts in planning a health career

Week	Domain	Learning Competencies	Code	Number of Days Taught	REMARKS
1-2	Planning for a Health Career	1. discusses the components and steps in making a personal health career plan;	H10PC-Iva-b1	1	
1-2		2. prepares a personal health career following the prescribed components and steps;	H10PC-Iva-b2	2	
3-4		3. explores the various health career paths selects a particular health career pathway based on personal competence and interest; participates in a health career orientation program	H10PC-IVc-d3	2	
3-4		4. decides on an appropriate health career path	H10PC-IVc-d4	2	
				7	