

5

Learning Activity Sheet for Mathematics 5

Quarter 1

Lesson

7

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Learning Activity Sheet for Mathematics 5
Quarter 1: Lesson 7 Week 7
SY 2025-2026

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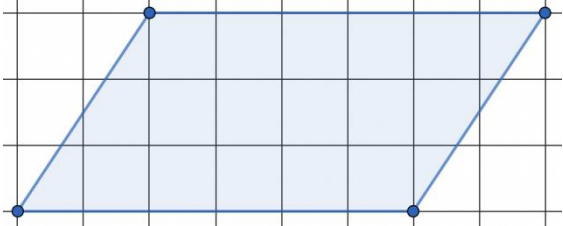
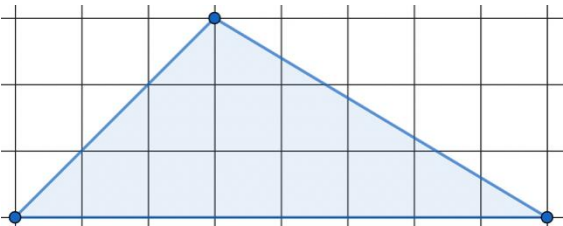
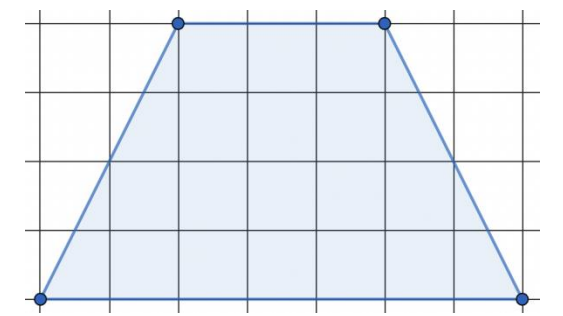
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LEARNING ACTIVITY SHEET

Learning Area:	Mathematics 5	Quarter:	1st
Lesson No.:	5	Date:	
Lesson Title/ Topic:	Area of Parallelograms, Triangle, and Trapezoid		
Name:		Grade & Section:	

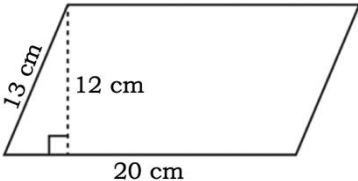
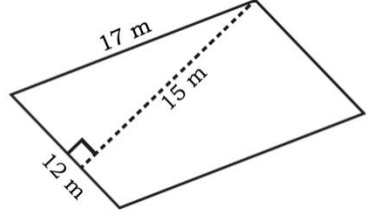
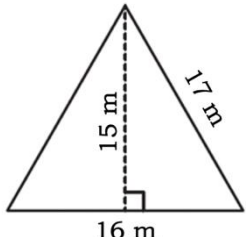
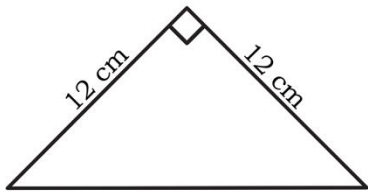
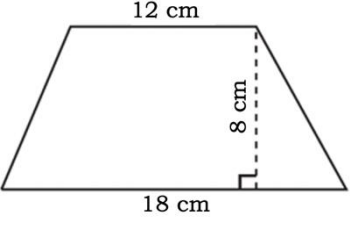
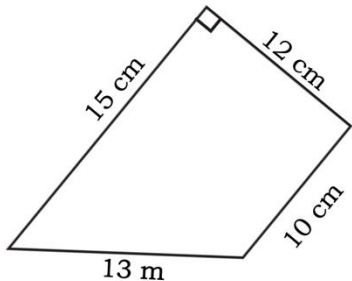
- I. Activity No. 1:** Review on Parallelograms, Triangles, and Trapezoids
- II. Objective(s):** By the end of the lesson, the students will be able to find the area of a parallelogram (not rectangle), triangle, and trapezoid using a formula.
- III. Materials Needed:** pen, scratch paper
- IV. Instructions:** Complete the table.

Figure	Base	Height	Area
			
			
	Base 1		
	Base 2		

LEARNING ACTIVITY SHEET

Learning Area:	Mathematics 5	Quarter:	1st
Lesson No.:	5	Date:	
Lesson Title/ Topic:	Area of Parallelograms, Triangle, and Trapezoid		
Name:		Grade & Section:	

- I. Activity No. 2:** Heights of Parallelograms, Triangles, and Trapezoids
- II. Objective(s):** By the end of the lesson, the students will be able to find the area of a parallelogram (not rectangle), triangle, and trapezoid using a formula.
- III. Materials Needed:** pen, scratch paper
- IV. Instructions:** Complete the table.

Figure	Base	Height	Figure	Base	Height
					
					
	Base 1			Base 1	
	Base 2			Base 2	

LEARNING ACTIVITY SHEET

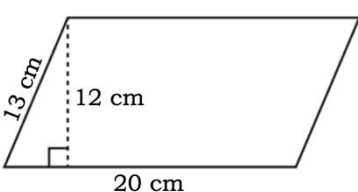
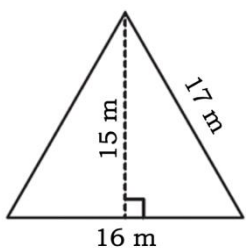
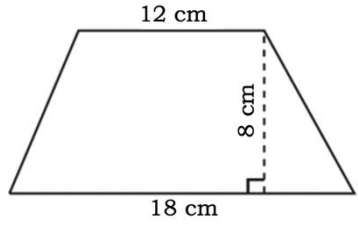
Learning Area:	Mathematics 5	Quarter:	1st
Lesson No.:	5	Date:	
Lesson Title/ Topic:	Area of Parallelograms, Triangle, and Trapezoid		
Name:		Grade & Section:	

I. Activity No. 3: Formulas for the Areas of Parallelograms, Triangles, and Trapezoids

II. Objective(s): By the end of the lesson, the students will be able to find the area of a parallelogram (not rectangle), triangle, and trapezoid using a formula.

III. Materials Needed: pen, scratch paper

IV. Instructions: Complete the table.

Figure	Base	Height	Formula for Area	Plug-in the values in the formula
				
				
	Base 1			
	Base 2			

LEARNING ACTIVITY SHEET

Learning Area:	Mathematics 5	Quarter:	1st
Lesson No.:	5	Date:	
Lesson Title/ Topic:	Area of Parallelograms, Triangle, and Trapezoid		
Name:		Grade & Section:	

I. Activity No. 4: Learner's Take-away

II. Objective(s): By the end of the lesson, the students will be able to find and estimate the area of a parallelogram (not rectangle), triangle, and trapezoid.

III. Materials Needed: pen, scratch paper

IV. Instructions: Find the areas of the following figures.

Steps on...	Parallelogram	Triangle	Rhombus
How to locate the height.			
How to find the area using a formula.			

LEARNING ACTIVITY SHEET

Learning Area:	Mathematics 5	Quarter:	1st
Lesson No.:	5	Date:	
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Name:		Grade & Section:	

I. Activity No. 5: Formative Assessment

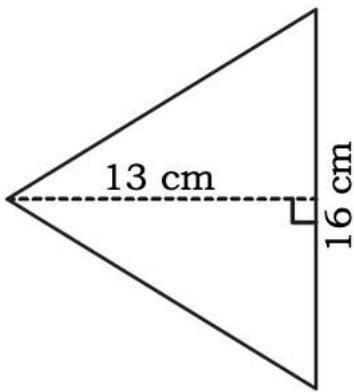
II. Objective(s): By the end of the lesson, the students will be able to find and estimate the area of a parallelogram (not rectangle), triangle, and trapezoid.

III. Materials Needed: pen, scratch paper

IV. Instructions: Perform the following tasks.

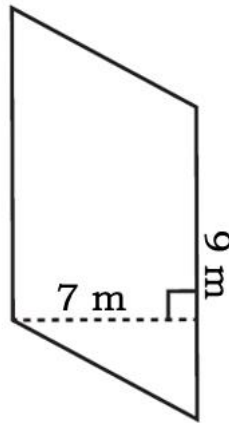
A. Find the area of the figures using the formulas.

1.



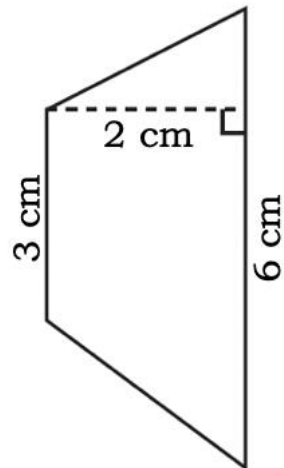
Area = _____

2.



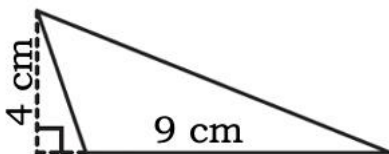
Area = _____

3.



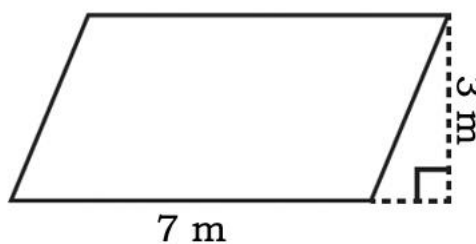
Area = _____

4.



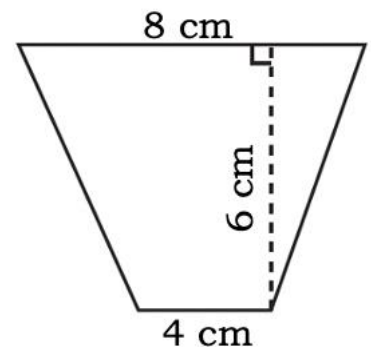
Area = _____

5.



Area = _____

6.



Area = _____