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# Learning Activity Sheet for Music and Arts

Quarter 2

Lesson

1

**Worksheet for Music and Arts Grade 4**  
**Quarter 2: Lesson 1 (Week 1)**  
**SY 2024-2025**

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## LEARNING ACTIVITY SHEET

|                             |  |                             |     |
|-----------------------------|--|-----------------------------|-----|
| <b>Learning Area:</b>       | Music and Arts 4   | <b>Quarter:</b>             | 2nd |
| <b>Lesson No.:</b>          | 1  | <b>Date:</b>                |     |
| <b>Lesson Title/ Topic:</b> | <b>Basic Concepts and Principles of Sound, Theater, Dance, and Visual Elements</b> |                             |     |
| <b>Name:</b>                |  | <b>Grade &amp; Section:</b> |     |

**I. Activity No. 1: Unlocking of Difficulties**

**II. Objective(s):** At the end of this activity, the pupils will be able to unlock difficult words that are relevant to the topic.

**III. Materials Needed:** Activity sheet, pen

**IV. Instructions:**

Rearrange the scrambled letters in each item to form the words related to the topic. Use the clues provided to answer this activity.

| SCRAMBLED WORDS | DEFINITION   | UNSCRAMBLED WORDS |
|-----------------|--|-------------------|
| EDNCA           | To move the body and feet to the music.  | 1.                |
| DNNBAIE         | Ceremonial dance of the Igorot.  | 2.                |
| PISAT           | It is a wrap-around skirt for women.   | 3.                |
| AAGBH           | A traditional loincloth worn by men in the Igorot ethnic group.                                      | 4.                |
| TCHPI           | The highness and lowness of a sound.   | 5.                |
| GNOG            | The instrument is heated, then pounded and bent using a metal cylinder to create a particular sound. | 6.                |
| SLBOOIA         | The instrument is played by striking the drumhead using the palm                                     | 7.                |

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**I. Activity No. 2: Video Analysis**

**II. Objective(s):** At the end of this activity, the pupils will be able to identify basic concepts and principles of sound, theater, dance, and visual elements of Benguet Festival Dance.

**III. Materials Needed:** Activity sheet, pen

**IV. Instructions:**

Watch the Benguet Festival Dance video and answer the questions below. The video can be accessed through this link: [https://www.youtube.com/watch?v=DACISM\\_yZFw&t=253s](https://www.youtube.com/watch?v=DACISM_yZFw&t=253s).

1. What do you call the circle dance performed during the Bindiyan festival?

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2. Do the dancers wear costumes when they dance?

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3. What are the different instruments you observe while watching the video performances?

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4. How will you respond whenever you hear the sound of gongs (gangsa) and solibao?

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5. Who among you has already witnessed/experienced the Benguet Dance Festival or the Bindiyan Festival? What activities do you usually observe in Bindiyan festival?

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