

5



Learning Activity Sheet for Music & Arts

Quarter 3

Lesson

3

GOVERNMENT PROPERTY
NOT FOR SALE

Learning Activity Sheet for Music and Arts Grade 5
Quarter 3: Lesson 3 (Week 4-6)
SY 2025-2026

This material is intended exclusively for the use of teachers participating in the implementation of the MATATAG K to 10 Curriculum during the School Year 2025-2026. It aims to assist in delivering the curriculum content, standards, and lesson competencies. Any unauthorized reproduction, distribution, modification, or utilization of this material beyond the designated scope is strictly prohibited and may result in appropriate legal actions and disciplinary measures.

Borrowed content included in this material is owned by their respective copyright holders. Every effort has been made to locate and obtain permission to use these materials from their respective copyright owners. The publisher and development team do not represent nor claim ownership over them.

Development Team

Writer:

- James Mike O. Caday (Gonzaga National High School)

Validator:

- Wesly M. Tayag (San Vicent Pilot School for Philippine Craftsmen)

Management Team

Philippine Normal University
Research Institute for Teacher Quality
SiMERR National Research Centre

Every care has been taken to ensure the accuracy of the information provided in this material. For inquiries or feedback, please write or call the Office of the Director of the Bureau of Learning Resources via telephone numbers (02) 8634-1072 and 8631-6922 or by email at blr.od@deped.gov.ph.

LEARNING ACTIVITY SHEET

Learning Area:	Music and Arts 5	Quarter:	3
Lesson No.:	3	Date:	
Lesson Title/ Topic:	Dance of kalinga - Banga		
Name:		Grade & Section:	

I. Activity No. 1

II. Objective(s):

- Explore creative works of the locality/province and regions during the 16th – 17th century.
- Improve available local and synthetic materials and attire in the production of creative works.
- Use mediums, patterns, forms, and relevant practices in performing and visual arts in the production of creative works inspired by their locality/province and regions during the 16th – 17th Century.

III. Materials Needed:

Worksheet and pencil

IV. Instructions:

Identify which word is described by each phrase. Choose your answer from the box below. Write only the letter of your answer.

- A. BEADS

B. GONG

C. TAPIS

D. BEAT

E. HEADPIECE

_____ 1. Small decorative objects that are typically pierced for threading or stringing. They are often used in jewelry making, embroidery, and other crafts.

_____ 2. A large, flat, circular metal percussion instrument that produces a resonant sound when struck with a mallet. It is commonly used in various musical traditions around the world.

_____ 3. The basic unit of time in a piece of music, typically characterized by a regular, rhythmic pulse. It is what musicians and dancers often synchronize their movements to.

_____ 4. A traditional wraparound skirt worn by women in various cultures, especially in Southeast Asia. In the context of the Banga Dance, it refers to the traditional skirt worn by the female dancers.

_____ 5. An ornamental piece worn on the head, often as part of a costume or traditional attire. It can include items like crowns, hats, or other decorative accessories designed to complement the overall outfit.