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Learning Activity Sheet for Music & Arts

Quarter 4

Lesson

1

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Learning Activity Sheet for Music and Arts Grade 5
Quarter 4: Lesson 1 (Week 1)
SY 2025-2026

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Development Team

Writer:

- Marilyn E. Micoso (Nicolas L. Galvez Memorial Integrated National High School)

Validator:

- Wesly M. Tayag (San Vicente Pilot School for Philippine Craftsmen)

Management Team

Philippine Normal University
Research Institute for Teacher Quality
SiMERR National Research Centre

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LEARNING ACTIVITY SHEET

Learning Area:	Music and Arts 5	Quarter:	4
Lesson No.:	1	Date:	
Lesson Title/ Topic:	Exploring Music and Arts as Influenced by Middle Spanish Colonial Period (1600-1800)”		
Name:		Grade & Section:	

I. Activity No. 1

II. Objective(s):

- Identify relevant performing and visual arts in their locality/province/region during the 17th – 18th century.

III. Materials Needed:

Worksheet and pencil

IV. Instructions:

The teacher will play a video of Polka sa Nayon and the students will answer the following questions. Note: Give the guide question prior to presenting the videos.

Video: <https://www.youtube.com/watch?v=yL2s5WLbvNg&t=20s>



Guide Questions:

1. Is the music used in the dance fast or slow?
2. What can you say about the movements of the dancers? Gentle or Intense?
3. What expression did you notice to the dancers while dancing Polka sa Nayon?
4. Please list down the designs you see in their costumes. What color did you see in the fabric used in their costumes?