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Learning Activity Sheet for Music & Arts

Quarter 4

Lesson

4

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Learning Activity Sheet for Music and Arts Grade 5
Quarter 4: Lesson 4 (Week 6-8)
SY 2025-2026

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LEARNING ACTIVITY SHEET

Learning Area:	Music and Arts 5	Quarter:	4
Lesson No.:	4	Date:	
Lesson Title/ Topic:	Exploring Music and Arts as Influenced by Middle Spanish Colonial Period (1600-1800)		
Name:		Grade & Section:	

I. Activity No. 1: Creative Work Adaption

II. Objective(s):

- Use conventional processes and practice in performing and visual arts during the Spanish Colonial Period in their creative works.

III. Materials Needed:

Material will vary based on the assigned activity for the group.

IV. Instructions:

Each group will be given ample time to prepare and practice.

Group 1: Polka sa Nayon Dance Adaptation
Objective: Choreograph and perform a modern adaptation of the "Polka sa Nayon," incorporating 17th-18th century dance conventions.
Materials:
A. Sample Music of the Dance
B. Art Materials
C. Pen
D. Worksheet
E. Any available local (natural and synthetic) materials to adapt processes, attire and instruments.
Instruction:
1. Adapt a dance routine that incorporates traditional polka steps with elements of 17th-18th century dance styles.
2. Ensure the choreography reflects historical dance formations and patterns while adding a modern twist.
3. Design costumes that blend traditional Filipino attire with fashion elements from the 17th-18th centuries.
4. Use accessible materials to create these costumes, ensuring they are suitable for dancing.
5. Rehearse and perform the adapted dance, focusing on maintaining the rhythm, formations, and etiquette of both traditional polka and historical dance styles.

Group 2: Flores de Mayo Visual Arts Project	
Objective: Create a visual art piece inspired by the "Flores de Mayo" festival, incorporating 17th-18th century artistic techniques and styles.	
Materials:	
A.	Sample video and pictures of Flores De Mayo
B.	Art Materials
C.	Pen
D.	Worksheet
E.	Any available local (natural and synthetic) materials to adapt processes and practices
Instruction:	
1. Develop a concept for a visual art piece that captures the essence of the "Flores de Mayo" while incorporating historical art techniques.	
2. Create sketches and gather materials that reflect the chosen concept.	
3. Produce a visual art piece (painting, drawing, or mixed media) using techniques such as chiaroscuro for dramatic lighting, baroque for elaborate detail, or rococo for playful elegance.	
4. Ensure the piece includes elements of the "Flores de Mayo" festival, such as floral motifs and religious iconography.	

Group 3: Senakulo Adaptation	
Objective: Adapt and perform a modern version of the traditional "Senakulo," incorporating 17th-18th century theatrical practices.	
Materials:	
A.	Sample video and short script of Senakulo
B.	Art Materials
C.	Pen
D.	Worksheet
E.	Any available local (natural and synthetic) materials to adapt processes and practices
Instruction:	
1. Adapt a script for a short scene from the "Senakulo," incorporating modern language while retaining the core themes and messages.	
2. Ensure the script reflects the dramatic structure and storytelling techniques of the 17th-18th centuries.	
3. Modify design costumes that blend traditional attire with contemporary elements, inspired by historical research.	
4. Create a simple set design that reflects the aesthetic of 17th-18th century theater using modern materials.	