



Learning Activity Sheet for TLE

Quarter 2



Learning Activity Sheet for TLE Grade 8 Quarter 2: Lesson 7 (Week 7) SY 2025-2026

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LEARNING ACTIVITY SHEET

Learning Area:	TLE 8	Quarter:	2nd Quarter	
Lesson No.:	7	Date:		
Lesson Title/ Topic:	Different methods of food processing following the industry standard.			
Name:		Grade & Section:		

I. Activity No. 1: Crossword Puzzle

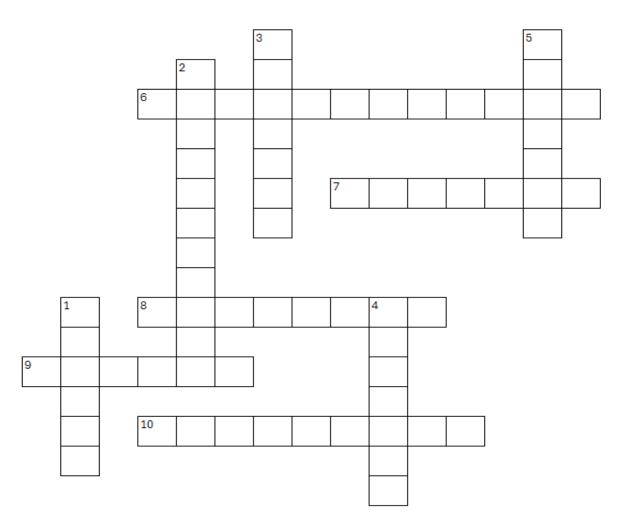
II. Objective(s):

This activity provides students with an opportunity to evaluate their knowledge and require students to pay attention to terminology as they need to spell each word correctly.

III. Materials Needed: Activity sheet, Ballpen/highlighter

IV. Instructions:

Complete the crossword by filling in a word that fits each clue.



DOWN

- 1. Preserving the raw materials Using different ingredients, Seasoning and extenders.
- 2. Preservation method used to extend the shelf-life of your food by removing its water content.
- 3. A solid product of high moisture content is immersed in a concentrated solution (mainly of sugar or salt), which initiates three types of countercurrent mass transfer.
- 4. Keep the color of lean tissues, improve the flavor of cured meats, prevent the growth of food poisoning, spoilage, microorganisms, and slow down the possibility to rancid flavor.
- 5. Food preservation that produced by smoldering hardwood chips, vines, herbs, fruit skins, or spices.

ACROSS

- 6. It is an enzyme catalyzed, metabolic process whereby organisms convert starch or sugar to alcohol or an acid anaerobically releasing energy.
- 7. It has been used for centuries to preserve food, it creates an environment inhospitable to bacteria, slowing their growth and preventing spoilage.
- 8. It is derived from the Dutch word "peckle" meaning brine.
- 9. It is the removal of the water (75-90%) present in fresh commodity results in reduction in the water activity and ultimately resistance against most of the deteriorative agents.
- 10. During drying the moisture is removed and food material becomes smaller in size.

LEARNING ACTIVITY SHEET

Learning Area:	TLE 8	Quarter:	2nd Quarter	
Lesson No.:	7 Date:			
Lesson Title/ Topic:	Tools and equipment in food processing			
Name:		Grade &		
		Section:		

- I. Activity No.: 2: Tools and Equipment Expert!
- **II. Objective(s):** This activity will allow the learners to recall the different tools and equipment used in food preservation.
- III. Materials Needed: Activity sheet, Ballpen

IV. Instructions:

Identify the tools and equipment by putting the number on the box provided.

	Tools & Equipment	No.	Picture	Tools & Equipment	No.	Picture
A.	Food thermometer		1. 0	B. Can sealer		6.
C.	Weighing scale		2.	D. Tongs		7.
E.	Measuring cup		3.	F. Salinometer		8.
G.	Measuring spoon		4	H. Knife		9.
I.	Refractometer		5.	J. Refrigerator		10.

V. Synthesis/Extended Practice/Differentiation (if needed):

• After the activity, the teacher asks the learners about the uses of each tools or equipment.