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# Lesson Exemplar for Music and Arts



**IMPLEMENTATION OF THE MATATAG K TO 10 CURRICULUM** 

## Lesson Exemplar for Music and Arts Grade 4 Quarter 1: Lesson 1 (Week 1-2) SY 2024-2025

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# LESSON EXEMPLAR

# MUSIC AND ARTS / QUARTER 1 / GRADE 4

. CURRICULUM CONTENT, STANDARDS, AND LESSON COMPETENCIES			
A. Content Standards			
B. Performance Standards       The learners apply local cultural and traditional concepts, processes, and practices in Music and Arts in creative works about one's cultural identity.         C. Learning Competencies and Objectives       Learning Competency 1. discuss the basic concepts and principles of sound, theater, dance, and visual elements based on the representations in the creative works of their province;         Objectives: 2. identify relevant creative works using their own words; 2. identify relevant creative works from their province; 3. explain the basic concepts and principles of sound, theater, dance, and visual elements 4. describe basic concepts and principles of sound, theater, dance, and visual elements 4. describe basic concepts and principles of sound, theater, dance, and visual elements 5. Note: The material to be used will be determined and selected by the teacher based on the relevant creative works available in their province			
		C. Content	<ul> <li>Note: The material is be deel but be determined and selected by the teacher based on the relevant creative books abutable it their produce.</li> <li>Theme: "My Cultural Identity and My Province"</li> <li>Relevant Local Forms, Themes, Representation, Mediums, And Practices in Music and Arts</li> <li>I. PERFORMING ARTS <ul> <li>A. Music</li> <li>I. Timbre</li> <li>Instrumental</li> <li>Dynamics</li> <li>Relevant Level of Dynamics (use the language the child will understand- English or mother tongue NOT Western terms)</li> <li>B. Theater (evident in the local cultural performances)</li> </ul> </li> </ul>

	<ul> <li>1.Relevant Elements of Artistic Expression <ul> <li>(Lines, Shapes, Space, Textures, Rhythm, Sound, Movement, Color)</li> <li>2. Principles of Composition and Organization</li> <li>Balance, Proportion, Scale</li> <li>C. Dance Forms</li> <li>1. Relevant Local Dance Forms</li> <li>2. Relevant Elements of Artistic Expression with local context</li> </ul> </li> <li>II. VISUAL ARTS <ul> <li>Visual Elements and Forms</li> <li>Balance, Proportion, Scale</li> </ul> </li> </ul>
D. Integration	SGD 11 Sustainable Cities and Communities: Protect Cultural and Natural Heritage Cultural Literacy, Awareness, and Appreciation Visual aesthetics

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III. TEACHING AND LEARNING PROCEDURE		NOTES TO TEACHERS
A. Activating Prior Knowledge	<ul> <li>WEEK 1: DAY 1</li> <li>1. Short Review</li> <li>Activity 1: THE CREATIVE WORKS OF MY PROVINCE Identify the concept or idea represented by the following pictures:</li> </ul>	The pictures shown here are creative works or cultural practices in Pampanga. The teacher is highly encouraged to select and present creative works



Image source: https://centralluzon.politiko.com.ph/2021/12/20/giant-lanterns-lightup-san-fernando-to-bring-hope-amid-pandemic/daily-feed//



pampangas-good-friday-crucifixions-tourist-attraction



Image source: <u>https://palibut.com/2016/12/14/ing-lubenas-ning-pasku-2016/#google\_vignette</u>

from their own province or locality.

Answer key: 1. Giant Lantern Festival/ Ligligang Parul 2. Dukit/Wood carving 3. Sinukwan Festival 4. Maleldo-Pamagpaku Quing Cruz 5. Lubenas

In this activity, the teacher will solicit answers from the learners to assess their prior knowledge about the creative works in their province. The teacher may give the learners clues until they are able to identify the correct term or concept that corresponds to the given picture. The teacher may ask the learners about their ideas for each creative work.



news/kapampangan-artists-shine-in-manilart-satellite-

Image source: <u>https://www.pampanga.gov.ph/index.php/tourist-attractions/festivals/96-sinukwan-festival.html?page=2</u>

Guide Questions:

2.

Image

source:

exhibit#google vignette

- 1. What do the pictures have in common?
- 2. Where do we usually see these things?
- 3. Why do people conduct these activities?
- 2. Feedback (Optional)

B. Establishing Lesson Purpose	<ol> <li>Lesson Purpose</li> <li>Activity 2: MABUHAY, SINUKWAN FESTIVAL! The teacher will present videos of the Sinukwan festival for the learners to watch. The videos can be accessed through these links:</li> </ol>	The teacher will ensure that the learners will be able to watch the performances by ensuring the quality of the videos and the viewing experience.
	<ul> <li>A. Streetdance <u>https://www.youtube.com/watch?v=oOMT1neuqzo</u></li> <li>B. Free Interpretation <u>https://www.youtube.com/watch?v=xUzmuP3nqZw</u></li> </ul>	The given material is not absolute. The teacher is encouraged to search and use materials relevant to their province.
	<ul> <li>Guide Questions:</li> <li>1. What did you observe in the videos? About what is the Sinukwan Festival?</li> <li>2. What are your opinions on the dance maneuvers featured in the Sinukwan Festival?</li> <li>3. What local traditional music does the Sinukwan Festival use? Is the music loud, or in the middle?</li> <li>4. Have you seen the costumes and props used in the Sinukwan Festival? What do you think?</li> <li>5. Have you attended the Sinukwan Festival or other similar events in our province? Please share your experience.</li> </ul>	The teacher is encouraged to process the activity by asking these guide questions that will be answered orally by the learners as part of the discussion.
	<ul> <li>2. Unlocking Content Vocabulary Elements of Artistic Expression <ul> <li>Music is the systematic arrangement of sounds.</li> <li>Visual arts are those that meet the eye and evoke emotions through an expression of skill and imagination.</li> <li>Dance is the movement of the body in a rhythmic way, usually to music and within a given space, to express an idea or emotion, release energy, or simply take delight in the movement itself.</li> </ul></li></ul>	The teacher is encouraged to engage in discussion, enabling the learners to understand the given concepts.

	<ul> <li>Theater is a collaborative art form that integrates elements such as acting, directing, set design, costume design, lighting, sound, and more to convey a narrative or evoke emotions.</li> <li>Elements of Artistic Expression are the basic components integrated into any creative work. They serve as the building blocks of a creative work to achieve its intended functions. They include (1) Line, (2) Shape, (3) Space, (4) Texture, (5) Rhythm, (6) Sound, (7) Movement, and (8) Color.</li> </ul>	
C. Developing and Deepening Understanding	DAY 2 SUB-TOPIC 1: BASIC CONCEPTS IN MUSIC AND ARTS 1. Explicitation Combination of two or more art forms • Music • Music • Arts	In this part of the lesson, the teacher will discuss the meaning of "creative works".
	<ul> <li>Dance</li> <li>Dance</li> <li>Theater</li> <li>Other Art forms</li> <li>CREATIVE WORKS</li> <li>B. WHAT ARE THE RELEVANT CREATIVE WORKS IN YOUR PROVINCE?</li> <li>Some of the notable creative works in Pampanga are:         <ul> <li>1.Giant Lantern Festival/Ligligang</li> <li>Parul</li> <li>2. Dukit/Wood carving</li> </ul> </li> </ul>	The teacher will then encourage the learners to explain the meaning of "creative works" using their own words. The use of their mother tongue is also encouraged.
	<ul> <li>3. Sinukwan Festival</li> <li>4. Maleldo-Pamagpaku Quing Cruz</li> <li>5. Lubenas</li> </ul> <b>C. WHAT ARE THE ELEMENTS OF ARTISTIC EXPRESSION?</b> The elements of artistic expression are the basic components integrated into any creative work. They serve as the building blocks of a creative work to achieve its intended functions. In the visual arts, these are commonly referred to as visual	The teacher will ask the learners about the creative works in their province. Learners are encouraged to share what they know about these creative works.
	elements. The term "elements of artistic expression" is also commonly used in other art forms, including music, dance, and theater.	In this part of the discussion, the teacher shall discuss the

<ul> <li>is line dancing; dancers follow a sequence of steps forming a line across the dance floor. In theater, a line can refer to the spoken dialogue delivered by actors. Additionally, lines can also be the physical arrangement of actors on stage, creating visual lines that guide the audience's focus and enhance the storytelling.</li> <li><b>2. Shape</b> is formed when lines meet to enclose a space. It can be geometric like a circle and square) or organic (irregular shapes found in nature). In dance, shape refers to the physical arrangement of actors on stage and the design elements like set pieces and costumes that contribute to the visual storytelling.</li> <li><b>3. Space</b> refers to the area within and around an artwork. It can be positive or negative. The subject occupies positive space, while negative space is the arpuide example. The teacher may use a "acmother the actors perform their roles. Space in theater, space is the area where the dancers move. In Theater, space is the area where the actors perform their roles. Space in theater can also be the students to focus only on elements that are only visible of movement. It can be smooth and flowing, sharp and staccato, or heavy and grounded. In Theater, trexture is the combination of visual elements such as stages, lighting, costumes, and sound with the actors' performances.</li> <li><b>5. Rhythm</b> is the visual or auditory pattern created by repeated lines, shape, colors, sounds, movements, and other elements. In Dance, rhythm is the color of the sombrero?</li> <li><b>6. Sound</b> is the audiory component of creative work that stimulates the ears. In Visual arts, sound can be identified as loud or soft, the teacher is encouraged to go ther examples aside from the suggested "sombrero."</li> <li><b>8. Sound</b> is the audiory dense makers, ound can be identified as loud or soft, the teacher is encouraged to go ther examples how the music makes you feel. In Dance, sound can be the beat of the suggested "sombrero."</li> </ul>		
7. <b>Movement</b> is used to create the impression of action in a creative work. In Music, and color (elements of artistic movement itself is the essence of dance as it refers to the progression and expression) because based on the progression and expression and ex	<ul> <li>dance, a line is the path that a dancer's body follows through space. An example is line dancing; dancers follow a sequence of steps forming a line across the dance floor. In theater, a line can refer to the spoken dialogue delivered by actors. Additionally, lines can also be the physical arrangement of actors on stage, creating visual lines that guide the audience's focus and enhance the storytelling.</li> <li><b>Shape</b> is formed when lines meet to enclose a space. It can be geometric (like a circle and square) or organic (irregular shapes found in nature). In dance, shape refers to the physical form that dancers create with their bodies. In theater, shape refers to the physical arrangement of actors on stage and the design elements like set pieces and costumes that contribute to the visual storytelling.</li> <li><b>Space</b> refers to the area within and around an artwork. It can be positive or negative. The subject occupies positive space, while negative space is the empty area. In Dance, space is the area where the dancers move. In Theater, space is the area where the actors perform their roles. Space in theater can also be the area occupied by props and backdrops.</li> <li><b>Texture</b> is the quality of the surface of an artwork, whether smooth, rough, or somewhere in between. In Dance, texture is associated with the quality and fel of movement. It can be smooth and flowing, sharp and staccato, or heavy and grounded. In Theater, texture is the combination of visual elements such as set design, lighting, costumes, and other elements. In Dance, rhythm is the timing of body movements based on the beat of the music. In Theater, rhythm can be the timing of the actions on stage or the pacing of the dialogues.</li> <li><b>Sound</b> is the auditory component of creative work that stimulates the ears. In Visual arts, sound can be integrated into installation arts to make the viewing experience more immersive. In music, sound can be identified as loud or soft, the volume of the sound itself. It's an important part of musi</li></ul>	<ul> <li>artistic expression. The teacher shall provide examples on how each element is integrated or used in an artform.</li> <li>Example: The teacher may use a "sombrero" as an example. Students will identify or describe how the applicable elements of artistic expression were incorporated in the given example. The teacher may ask the students to focus only on elements that are only visible or observable in the given artwork.</li> <li>Guide Questions: <ol> <li>Do you see lines in this</li> <li>"sombrero?" If yes, are they straight? Curved? Diagonal?</li> <li>What is the color of the sombrero?</li> <li>What is the shape of the sombrero?</li> </ol> </li> <li>What is the shape of the suggested "sombrero."</li> <li>Music is only discussed in sound and color (elements of artistic expression) because based on the curriculum guide, first quarter music is about timbre and</li> </ul>

8. <b>Color</b> is the visual perception of an object based on the reflection of light. In Music, color refers to the timbre or tone quality of sounds (voices and instruments). In Dance, color is used in the costumes and props of dancers to emphasize movements. In Theater, color is typically used to enhance the overall look and feel of the play through set design, costumes, and lighting.	different quarters as suggested in the Music and Arts Curriculum Guide.
WEEK 2: DAY 1	
<b>2. Worked Example</b> One of the examples of creative works in Pampanga is the Sinukwan Festival.	
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<b>Activity 3: THE ARTS IN SINUKWAN</b> The teacher will replay the videos of the sample Sinukwan festival presentations. The learners will be tasked to observe the presentations and answer the given questions below:	
<ul> <li>Guide Questions:</li> <li>1. Did the festival have music?</li> <li>2. Were body movements and rhythmic activities included in the festival?</li> <li>3. Did the festival use costumes, props, and other visual materials?</li> <li>4. Did the festival convey a message or a story through acting and dancing?</li> <li>5. What art forms are integrated into the Sinukwan festival?</li> </ul>	

Criteria	Description	Points	Score
Brief and Precise	Answers are short, exact, and	5	
	accurate		
Ideas and Content	Answers clearly show an	5	
	understanding of the lesson		
	content		
Legible Handwriting	Answers are readable and neat	5	
TOTAL SCORE:			/ 15

The teacher will connect the previous videos to the main discussion. This is to signify that the Sinukwan festival is the main material to use for this lesson. This activity is a reinforcement of learning that allows learners to have a fresh and vivid idea of how Sinukwan festival dance presentations look like.

#### SINUKWAN FESTIVAL AS A CREATIVE WORK

Sinukwan Festival as a creative work, seamlessly integrates music, dance, theater, and visual arts in celebrating Kapampangan culture:

a. Music

During the street dance competition, the performers dance to the upbeat instrumental version of the famous Kapampangan folk song, "Atin Cu Pung Singsing," which is done to pay homage to Aring Sinukwan, an ancient Kapampangan god. During the street dancing, the streets are filled with loud and lively music to energize everyone.

#### b. Dance

The festival features street dancing and free dance interpretation. During the street dancing, the performers line up in the streets to showcase their colorful costumes, headdresses, and props while energetically dancing. There is no standard dance step as performers are given the liberty to use steps and routines that showcase Kapampangan culture.

#### c. Theater

The festival includes theatrical elements through the extensive use of gestures, expressions, and storytelling techniques during the street dance and free dance interpretations. Some stories incorporated in the dance presentations include the eruption of Mt.Pinatubo, Christmas practices, local cuisines, and other cultural practices of the province.

#### d. Visual Arts

During the street dance competition, performers from different municipalities of Pampanga showcase their intricate costumes, headdresses, and props that

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typically represent their community. These were carefully designed to ensure durability during the competition and to achieve visual appeal.	
In a festival performance such as Sinukwan, these four art forms - Music, Dance, Theater, and Visual Art - are combined to create holistic experiences that engage the audience on multisensory levels. Each art form enhances and is enhanced by the others, creating a more cohesive and immersive performance. Together, they create a performance greater than the sum of its parts. This is how creative works are made.	
3. Lesson Activity Activity 4: Sinukwan Festival Station Activity The learners will have a feel of the different art forms of the Sinukwan festival through a Sinukwan Festival Station Activity	
<ul> <li>Materials: (Prepare these ahead of time and place them at designated stations.)</li> <li>Four designated areas for each station (clearly marked as 1. Music, 2. Dance, 3. Theater, 4. Visual Arts) <ul> <li>Music Station: Short festival instrumental version of "Atin Cu Pung Singsing" (on a loop, played on a device or speaker) (optional)</li> <li>Dance Station: scarves or colorful cloth pieces (optional)</li> <li>Note: Music and dance stations should be close to each other. Both stations will play the same music.</li> </ul> </li> <li>Theater Station: any blank paper, markers, crayons (or any available art materials)</li> <li>Visual Arts Station: old magazines, old newspapers, glue or paste, scissors, crayons, markers (or any available art materials)</li> </ul>	
<ul> <li>Station Time!</li> <li>Divide the class into groups of 4–5 learners each.</li> <li>The class will visit the four stations depicting the different Sinukwan Festival art forms. Each group gets two minutes for each station.</li> <li>Music Station: Learners will listen to the music and use their bodies or instruments to create a rhythmic soundscape that complements the music.</li> </ul>	In this activity, the learners engage with the various art forms (music, dance, theater, and visual arts) integrated into the Sinukwan Festival. The teacher may revise the activity as needed.

	<ul> <li>Dance Station: Using the open space and scarves, learners will develop a simple dance sequence that shows Kapampangan cultural activities like planting rice or making lanterns.</li> <li>Theater Station: Learners have the option to create simple masks or headbands that represent characters or themes from the festival, such as happy dancers or lanterns. They can also practice facial expressions and gestures that portray emotions relevant to the festival, such as excitement and joy.</li> <li>Visual Arts Station: Using magazines, newspapers, and their creativity, learners will cut out shapes and collage them to create a piece of festival attire.</li> <li>After the activity, gather all the learners together in the classroom.</li> <li>Ask each group to share their experiences at each station, explaining how they relate to the Sinukwan Festival.</li> <li>Discuss briefly how experiencing these art forms helps them better understand the Sinukwan Festival.</li> </ul>	Each group will share their answers in front of the class. All the members are encouraged to participate in presenting their output. The teacher will facilitate the sharing session.
D. Making Generalizations	<ul> <li>DAY 2</li> <li>Activity 5: PICTURE THE ARTS IN ME Below is a picture of the Sinukwan Festival performers wearing their costumes and headdresses while dancing on the street. Using the picture and the previous videos of Sinukwan festival presentations, describe the incorporated elements of artistic expressions by answering the guide questions:</li> <li>Guide Questions: <ol> <li>What can you say about the colors used in the costumes? How does it make you feel? Based on these colors, what do you think of the costume's theme?</li> <li>Can you identify any lines or shapes in the costumes and headdresses? How about the way the performers are arranged? Do they form any particular lines or shapes?</li> </ol> </li> </ul>	In this activity, the learners are tasked to observe and describe the costumes and props used in Sinukwan festival based on the given picture and the previous videos shown to them. The teacher may add more guide questions, if necessary. The teacher may revise the activity as needed. This activity aims to help learners understand how the integration of art forms was achieved in a sample creative work and how the elements of

<ol> <li>Do you thin mostly instr</li> <li>How do the story or then</li> </ol>	nse movement from the picture? H s of the performers? k the music is loud or soft? Why do umental, or does it have singing as costumes, props, and overall visua ne being portrayed in the performa according to the following criteria:	you think so well? l elements cor	? Is the musi	different art forms.
Criteria	Description	Points	Score	
Brief and Precise	Answers are short, exact, and accurate	5		
Ideas and Content	Answers clearly show an understanding of the lesson content	5		
Legible Handwriting	Answers are readable and neat	5		
	тот	AL SCORE:	/ 15	
1. Learners' Takeaway Complete the statem	<b>rs</b> ents below:		/ 15	
Complete the statem • In this lesson	<b>rs</b> ents below: , I learned that creative works are_			This part of the losser will bely
Complete the statem In this lesson I realize that 2. Reflection on Learn	<b>rs</b> ents below: , I learned that creative works are_ Sinukwan festival is <b>hing</b> In table below by putting a smiley (@			This part of the lesson will help the teacher assess the learners' learning progress. The teacher will guide the learners in answering the activity.
Complete the statem In this lesson I realize that <b>2. Reflection on Learn</b> Accomplish the given corresponds to your	<b>rs</b> ents below: , I learned that creative works are_ Sinukwan festival is <b>hing</b> In table below by putting a smiley (@		  nn that	the teacher assess the learners' learning progress. The teacher will guide the learners in
Complete the statem In this lesson I realize that Complish the given corresponds to your ESS	<b>'s</b> ents below: , I learned that creative works are_ Sinukwan festival is <b>hing</b> h table below by putting a smiley (@ answer:	) in the colur	  nn that	the teacher assess the learners' learning progress. The teacher will guide the learners in

3. Were you able to describe the basic concepts and principles of sound, theater, dance, and visual elements of the Sinukwan Festival of Pampanga;		
4. Were you able to learn more about your province?		
5. Do you wish to continue with our lesson?		

IV. EVALUATING LEARN	ING: FORMATIVE ASSESSMENT AND TEACHER'S REFLECTION	NOTES TO TEACHERS
A. Evaluating Learning	1. Formative Assessment         Encircle the letter of the correct answer.         1. An artwork is known as if it combines two or more art forms.         a. Abstract art       b. Creative Work       c. Mixed Arts         2. The following are creative works in Pampanga EXCEPT:         a. Giant Lantern       b. Sinukwan Festival       c. Tinikling         3. If you hear different sounds that blend well, you are listening to:         a. Music       b. Noise       c. Whispers         4. In the Sinukwan festival, the performers' body movements are closely linked to         a. Dance       b. Music       c. Visual Arts         5. The costumes, props, and make-up of the Sinukwan performers are closely r       to:         a. Color       b. Line       c. Shape         7. In Music, this refers to the progression and development of a musical perform.         a. Movement       b. Rhythm       c. Sound         8. The dialogues of the actors in theater are called:       a. Colors       b. Lines       c. Shapes         9. The dance floor where the dancers perform is the:       a. Movement       b. Space       c. Texture         10. The music used in the Sinukwan Festival is:       a. Middle/Moderate       b. Loud       c. Soft	elated

	<ul><li>2. Homework</li><li>Answer the question below:</li><li>If the Sinukwan festiculture?</li></ul>	The teacher will ask the learners to answer this question in their notebooks. Their answers will prepare them for the next lesson.		
B. Teacher's Remarks	Note observations on any of the following areas:strategies exploredmaterials usedlearner engagement/	Effective Practices	Problems Encountered	The teacher may take note of some observations related to the effective practices and problems encountered after utilizing the different strategies, materials used, learner engagement and other related stuff. Teachers may also suggest ways to improve the different
C. Teacher's Reflection	interaction others Reflection guide or prompt ca <u>principles behind the</u> What principles and Why did I teach the l <u>students</u> What roles did my learners What roles did my learners <u>ways forward</u> What could I have do What can I explore in	Teacher's reflection in every lesson conducted/ facilitated is essential and necessary to improve practice. You may also consider this as an input for the LAC/Collab sessions.		