

4

# Lesson Exemplar for Music and Arts

Quarter 4

Lesson

1

**Lesson Exemplar for Music and Arts Grade 4**  
**Quarter 4: Lesson 1 (Week 1 and 2)**  
**SY 2024-2025**

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**Development Team**

**Writer:**

- Ma. Victoria F. Quiambao (Gonzaga National High School)

**Validator:**

- Glenne D. Basio (Department of Education)

**Management Team**

Philippine Normal University  
Research Institute for Teacher Quality  
SiMERR National Research Centre

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## LESSON EXEMPLAR

### MUSIC AND ARTS / GRADE 4 / QUARTER 4

I. CURRICULUM CONTENT, STANDARDS, AND LESSON COMPETENCIES	
<b>A. Content Standards</b>	The learners demonstrate understanding of their culture/ province/ region as expressed through local Music and Arts' concepts, processes, and practices.
<b>B. Performance Standards</b>	The learners produce a creative work based on the performing and visual arts in their province.
<b>C. Learning Competencies and Objectives</b>	<p><b>Learning Competency:</b></p> <ul style="list-style-type: none"><li>Examine the properties of sound, theatrical, dance, visual elements, and design principles observed in selected sample creative works from their province</li></ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>Identify properties of sound, theatrical elements, dance, visual elements, and design principles used in the sample creative work (Panagbenga Festival)</li><li>analyze how sound, theatrical elements, dance, visual elements, and design principles are utilize in the sample creative art work (Panagbenga Festival)</li></ul>
<b>C. Content</b>	<ul style="list-style-type: none"><li>Properties of sound, theatrical elements, dance, visual elements, and design principles used in the sample creative work (Panagbenga Festival)</li></ul>
<b>D. Integration</b>	<ul style="list-style-type: none"><li>Local/provincial/regional celebrations/holidays; local cultural practices</li></ul>
II. LEARNING RESOURCES	
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III. TEACHING AND LEARNING PROCEDURE		NOTES TO TEACHERS
1. <b>Activating Prior Knowledge</b>	<p><b>WEEK 1: DAY 1</b></p> <p><b>Short Review</b></p> <p>Let the learners watch “Darangen and Bantungan” ballet at <a href="https://www.youtube.com/watch?v=uTWvuZOEOL4">https://www.youtube.com/watch?v=uTWvuZOEOL4</a> and answer what is asked for.</p> <ol style="list-style-type: none"> <li>1. What story is portrayed in the dance?</li> <li>2. Who are the main characters?</li> </ol> <p>The teacher will say: The performance we watched is an example of a Philippine folklore set into a theatrical performance, which was our lesson during the third quarter. Let’s find out how it is relevant to our lesson this quarter.</p>	<p>The teacher will facilitate processing of the learners' answers.</p> <p>Information about the performance: Philippine Ballet Theatre, in its 30th Season, brings Philippine folklore to the stage in its production of “Filipino Masterpieces,” which features the epic legend Darangen ni Bantugen. Depicting the story of the legendary Maranao hero, Bantugen, Darangen ni Bantugen explores the themes of love, life and death, and good and evil through modern, contemporary, and classical dance interpretations of the lead character’s odyssey, demise, and resurrection.</p> <p>The emotional aura invoked by each scene highlighting episodes from Maranao's history is further intensified by various light, shadow, and color shifts. The combination of movements and sounds on stage transports the audience from the Kingdom of Bumbaran to the savage lands where Bantugen battles fire, earth, wind, and water, to the Kingdom-between-Two-Seas, and to</p>

		the Sky World, where the Angel of Death resides.
<b>3. Establishing Lesson Purpose</b>	<p><b>Lesson Purpose</b></p> <p>Watch the performance on <a href="https://www.youtube.com/watch?v=riKRFBkJJTc&amp;list=RDCMUCwrK6J_XORFWvNIXEsgZrVg&amp;index=1">https://www.youtube.com/watch?v=riKRFBkJJTc&amp;list=RDCMUCwrK6J_XORFWvNIXEsgZrVg&amp;index=1</a> @ 3:07-3:29 and answer the following questions:</p> <ol style="list-style-type: none"> <li>1. What event is portrayed in the performance?</li> <li>2. Are there similar events found in your locality/province?</li> <li>3. What is your locality/province's activities in the said events?</li> </ol> <p>The teacher may say; the video we watched is a street parade as part of a festival, which will be our lesson this quarter. Like the folklore and legends, festivals in the Philippines show the country's culture and history.</p> <p><b>Unlocking Content Vocabulary</b></p> <p>Here are some terms which we will encounter in this lesson. Read and understand each of them.</p> <p><b>Properties of sound</b> - This refers to duration (rhythm), pitch (melody, harmony), quality (timbre), and volume (dynamics).</p> <p><b>Theatrical element</b> – the different parts that make up a play or a performance in a theater</p> <p><b>Dance</b> – a rhythmic movement of the body, usually to music.</p> <p><b>Visual elements</b> – the different parts that make up a creative work.</p> <p><b>Design principles</b> – helpful rules and ideas that artists/designers use to make things look good and work well.</p> <p><b>Festival</b> - a special event or celebration that happens at certain times of the year</p> <p><b>Street dance</b> – a vibrant and energetic performance in Philippine festivals that brings the community together and celebrates their unique culture.</p> <p><b>Street dance parade</b> – a procession showcases various cultural and traditional dances of the Philippines, often done in celebration of local festivals</p>	<p>The teacher will facilitate processing of learners' answers</p> <p>Possible answers:</p> <ol style="list-style-type: none"> <li>1. Festival; it's a street dance parade which is a part of a festival</li> <li>2. Yes, the town's festival such as Dawa Festival of Gonzaga, Cagayan, or the Pavvurulun Festival in Tuguegarao</li> <li>3. Street dance, agro-industry exhibits, concerts, pageants, cultural shows</li> </ol> <p>Facilitate explaining the term to the learners.</p>

	<p><b>Synchronized movements</b> – doing the same thing at the same time as someone else.</p> <p><b>Bendian dance</b> – a traditional Benguet circle dance symbolizing the unity of the community.</p>	
<p><b>4. Developing and Deepening Understanding</b></p>	<p><b>WEEK 1: Day 2</b></p> <p><b>1. Explicitation</b></p> <p>Festivals in the Philippines are colorful and exciting events that show off the country's traditions, culture, and strong sense of community. Every town in the country has its own festival to celebrate, each with its own stories and traditions. In every festival, the town becomes a big stage showing the country's local customs and community spirit with exciting festivals and colorful parades.</p> <p>One of the Festivals celebrated in the Philippines is the Panagbenga Festival. It is an annual festival celebrated in Baguio City every month of February. Here are some facts about Panagbenga Festival:</p> <ul style="list-style-type: none"> <li>• Panagbenga is a Kankanaey term which means season of blooming or flowering season, Thus Panagbenga is also dubbed Baguio's flower festival.</li> <li>• It started in 1995 after the devastating 1990 earthquake to boost the tourism of the city. Thus, it serves as a reminder of the resilience of the Cordillera people.</li> <li>• It features lively street performances, dancers in elaborate costumes, and is highlighted by the beautiful flower floats to showcase the abundance of blooming flower and traditional street dances that highlight the colorful clothing and dances of the different tribes in the region.</li> <li>• The festival incorporates elements of spiritual significance and traditional beliefs.</li> </ul> <p>To experience the festival lets us watch one of the highlights of Panagbenga, the Festival Dance contest at <a href="https://www.facebook.com/watch/?v=1218848278742692">https://www.facebook.com/watch/?v=1218848278742692</a> and check whether the following artforms are present in the performance: Write also a short observation</p>	<p>Information about the performance:</p> <p>The dance is performed by SLU Baguio, and they named it Man Apit. The caption say: "This year, one of the Ibaloi's traditional harvesting practices graced the center stage to showcase an unadulterated way of life. The preservation of culture and tradition appears to be a challenge at present, but communities in the land effort to perpetuate cultivation of strong culture bequeathed from generation to generation. Man Apit will always mark as the juxtapose of cultivating the field for produce and cultivating the community starting from every family.</p>

about the art forms' presence in the performance. Answers can be written in the learner's' notebook. The first is done for you as an example.

Art forms	Present	Missing	Description
Music	✓		Played by drums, gongs, bamboo; with chants
Dance			
Theater			
Visual Arts			

Facilitate discussion of the learners' responses emphasizing the following points.

**A.** Panagbenga Street dance (Man-apit) features rhythmic drumming, gong playing and chanting, in free form. The simultaneous playing contributes to a thicker texture.

**B.** The Bendian-inspired dance movement celebrates unity and joy among the people. This is portrayed in the circular choreography of the dance towards the end, and in the celebratory vibes of most part of the dance. The dance steps although stylized are inspired by the Tadek, a dance step common to the Cordilleran.

**C.** The streets of Baguio as well as the environment where the field demonstration happens serve as the backdrop and stage, connecting the performance to the Cordilleran culture.

**D.** Vibrant colors dominate the costumes. Floral motives as well as local products are part of the design. The intricate details of the costumes and props add to the visual effect.

**E.** The synchronized movements of the dancers' manifest harmony. The colorful costumes of dancers stand out adding contrast to the city scape. Emphasis is

Possible answers:

Art forms	Present	Missing	Description
Music	✓		Played by drums, gongs, bamboo; with chants and shout
Dance	✓		Varied dance steps; utilizes all the space; the dance steps of tribes from Baguio is stylized and are mostly used
Theater	✓		The performance has a story to tell. The stage is the whole performing space in the environment
Visual Arts	✓		This is seen on the props as well as the costumes used.



	<p>placed on the dancers and their joyful expressions, and the adaptation and integration of traditional elements that is appropriate to the festival's celebration.</p> <p><b>F.</b> The Panagbenga Street dance festival, as one of the highlights of the celebration combines floral design, cultural heritage, and community involvement to produce a brilliant and memorable event.</p> <p><b>WEEK 2: DAY 1</b></p> <p><b>2. Worked Example</b></p> <p>Divide the class in five (5) groups and let the learners watch again the Man Apit street dance performance on <a href="https://www.facebook.com/watch/?v=1218848278742692">https://www.facebook.com/watch/?v=1218848278742692</a>. Let them answer the following questions. They can refer to their output in the previous task as a basis. You may assign a set of questions for each group so that they are only focused on one aspect of the performance. Let them present their output to the class.</p> <p><b>Questions:</b></p> <p><b>A. Properties of Sound</b></p> <ol style="list-style-type: none"> <li>1. What kind of sounds did you hear?</li> <li>2. How does the music make you feel? Is the sound thick or thin?</li> <li>3. Did you hear the same sound all throughout the performance? Are there sounds that are different?</li> </ol> <p><b>B. Dance elements:</b></p> <ol style="list-style-type: none"> <li>1. How did the dancers move, is it fast or slow? Are there group movements or individual movements?</li> <li>2. What can you say about the choreography of the dance?</li> <li>3. How did the dancers use space and timing to enhance their performance.</li> </ol> <p><b>C. Theatrical Elements:</b></p> <ol style="list-style-type: none"> <li>1. Did the performers act out a story or pretend to be someone else?</li> <li>2. What story are the dancers trying to tell.</li> <li>3. How did they make you feel like you were part of the show?</li> </ol>	<p>Answers of learners may vary depending on their observations. Facilitate processing of their responses.</p>
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**D. Visual (Art) Elements**

1. What did the performers wear? Did they have any special clothes or things with them?
2. What did the stage or area where they performed look like?
3. What shapes and colors do you see in the costumes and props? How do they feel?

**E. Design Principles**

1. Did everything look like it belonged together, or did some things look different?
2. Did you notice anything special about how things were arranged or placed on stage?
3. What parts of the performance do you notice the most?

**3. Lesson Activity**

Watch again 'Man Apit' on <https://www.facebook.com/watch/?v=1218848278742692> and find out how the different elements in the art forms are utilized in the performance. Answer the guide questions as you watch the video, this will be your basis in accomplishing the checklist. Then answer the tasks in the checklist and the question found on the activity sheet. Learners are graded using the rubrics below.

**Guide questions:**

1. How did the different elements (sound, theatrical, dance, visual) work together to create a unified performance?
2. How did design principles contribute to the effectiveness of the presentation in conveying the festival's theme or message?
3. How did the use of sound, theatrical elements, dance, visual elements, and design principles contribute to a deeper understanding and appreciation of the Panagbenga Festival and its cultural significance?

**Checklist**

	Yes	No	Justification

Sound, theatrical, visual elements and dance are unified			
The design contributed to the effectiveness of the performance			
Costume, choreography, & stage set-up contributed to the effectiveness of the performance			
Music, dance, visual elements and design principle reflected the culture and theme of the celebration			

The learners may answer the question below in three to five sentences as an extended practice. Learners are graded using the rubrics below.

- How do the colorful floral displays, lively street performances, and cultural exhibits at the Panagbenga Festival work together to create a vibrant event that celebrates Baguio's heritage and natural scenery?

**Rubrics for Scoring:**

Criteria	4	3	2	1	SCORE
<b>Content Understanding</b>	Clearly explains how floral displays, street performances, and cultural exhibits	Addresses all three elements (floral displays, street performances, cultural exhibits) but	Mentions only one or two elements with limited explanation	Does not address the contributions of the elements or answer the question.	

		contribute to the vibrancy of the Panagbenga Festival and its celebration of Baguio's heritage and natural scenery	lacks clarity or depth in explaining their contributions.				
	<b>Organization</b>	Ideas are in a clear order with a beginning, middle, and end	Ideas are mostly clear but could be better organized	Ideas are a bit mixed up and hard to follow.	Ideas are not in order and are hard to understand.		
	<b>Clarity</b>	Uses clear and easy-to-understand words.	Mostly clear, but some parts are a bit confusing.	Hard to understand in several places.	Very unclear and hard to understand.		
	<b>TOTAL SCORE:</b>					<b>/12</b>	
<b>5. Making Generalizations</b>	<b>Learners' Takeaways</b> Complete the following sentences relative to what you have learned. Philippine festivals are _____. Sound in a festival is used as _____.						

	Theater in a festival dance can be _____. Dance is _____. Visual elements are found in _____.	
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IV. EVALUATING LEARNING: FORMATIVE ASSESSMENT AND TEACHER’S REFLECTION				NOTES TO TEACHERS	
A. Evaluating Learning	<b>Assessment</b>  Instructions: Write True if the statement is correct. If the statement is incorrect, write the word that makes it wrong.  1. Every town in the Philippines has its own festival to celebrate. 2. Festivals help us forget our culture and history. 3. Theatrical elements include all the parts that make up a play or performance. 4. In Panagbenga, the stage is the environment where the performance happens. 5. Chanting, playing of drums, gongs and bamboos sounded together make up the music of a Panagbenga Street dance. 6. The dance steps used in the Panagbenga street dance are inspired by the dances of tribes in Baguio. 7. The props, as well as the costumes, contribute to the visual element of the performance. 8. Festivals display foreign culture. 9. Panagbenga is Baguio’s strawberry festival. 10. Panagbenga is a religious festival.			Answers: 1. True 2. Forget 3. True 4. True 5. True 6. True 7. True 8. foreign 9. strawberry 10. religious	
	B. Teacher’s Remarks	<i>Note observations on any of the following areas:</i>	<b>Effective Practices</b>	<b>Problems Encountered</b>	The teacher may take note of some observations related to the effective practices and problems encountered after utilizing the different strategies, materials used, learner engagement and other related stuff.
<b><i>strategies explored</i></b>					
<b><i>materials used</i></b>					

	<b><i>learner engagement/ interaction</i></b>			Teachers may also suggest ways to improve the different activities explored.
	<b><i>Others</i></b>			
<b>C. Teacher's Reflection</b>	<p><i>Reflection guide or prompt can be on:</i></p> <ul style="list-style-type: none"> <li>▪ <u><i>principles behind the teaching</i></u> <i>What principles and beliefs informed my lesson?</i> <i>Why did I teach the lesson the way I did?</i></li> <li>▪ <u><i>students</i></u> <i>What roles did my students play in my lesson?</i> <i>What did my students learn? How did they learn?</i></li> <li>▪ <u><i>ways forward</i></u> <i>What could I have done differently?</i> <i>What can I explore in the next lesson?</i></li> </ul>			Teacher's reflection in every lesson conducted/ facilitated is essential and necessary to improve practice. You may also consider this as an input for the LAC/Collab sessions.