

# Lesson Exemplar in General Science

Quarter 1 Lesson Exemplar 4

Lesson Exemplar for General Science

#### Quarter 1: Unit 1



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LESSON EXEMPLAR			
Learning Area     General Science     Grade Level     11			
Semester	FIRST	Quarter	FIRST

I. OBJECTIVES (Identifying the Goals)		
Content Standard	By the end of this lesson, learners' efficiency of simple and compound machines can be improved by application of basic principles of physics.	
Performance Standard	By the end of the quarter, learners identify general physics principles and their applications in daily life. They use scientific principles to solve problems, make informed decisions, and illustrate the applications of physics for self, society, and the environment. They design simple and compound machines and hydraulic systems to demonstrate applications of force, torque, center of mass, and hydraulic-related principles. They evaluate energy-efficient practices in electricity supply and consumption at home, in local businesses and in exploring advantages and drawbacks of light and sound in medical imaging, security, communication and entertainment.	
Learning Competencies	By the end of this lesson, learners explain the characteristics of efficient simple and compound machines.	
	Halliday, David, Robert Resnick, and Jearl Walker. Fundamentals of Physics. 11th ed. Hoboken, NJ: Wiley, 2018.	
II. REFERENCES	Hibbeler, R. C. Engineering Mechanics: Statics & Dynamics. 14th ed. Upper Saddle River, NJ: Pearson, 2016.	
and MATERIALS	VanCleave, Janice. Physics for Every Kid: 101 Easy Experiments in Motion, Heat, Sound, and Electricity. New York:	
(Selecting Resources	Wiley, 1991.	
and Material)	Goyal, S., and R. Ruina. "Mechanical Advantage in Simple Machines: A Theoretical and Experimental Approach." Journal of Applied Mechanics 85, no. 4 (2018): 041001. <u>https://doi.org/10.1115/1.4039823</u>	



	Smith, John. "Efficiency and Energy Loss in Compound Machines." International Journal of Mechanical Engineering 29, no. 2 (2020): 112–125. <u>https://doi.org/10.1016/j.ijme.2020.02.005</u>			
	Khan Academy. "Simple Machines and Mechanical Advantage." Accessed May 13, 2025. <u>https://www.khanacademy.org/science/physics/work-and-energy/simple-machines</u>			
	TeachEngineering."IntroductiontoSimpleMachines."AccessedMay13,2025. <a href="https://www.teachengineering.org/lessons/view/cub_simp_machines_lesson01">https://www.teachengineering.org/lessons/view/cub_simp_machines_lesson01</a>			
	NASA. "How Machines Help Us Work in Space." Accessed May 13, 2025. <u>https://www.nasa.gov/machines-in-space</u> .			
	(These shall be accomplished per topic)			
III. CONTENT	Characteristics of Efficient Simple and Compound Machines			
(Sequencing Content)				
<b>IV. OBJECTIVES</b> (Setting Clear Objectives and Analyzing the Tasks)	<ul> <li>By the end of this lesson, the learners should be able to:</li> <li>Define efficiency in relation to simple and compound machines, highlighting how input work is converted into useful output work.</li> <li>Identify factors that affect the efficiency of simple and compound machines, such as friction, energy loss, and mechanical advantage.</li> <li>Compare efficiency between different types of simple and compound machines, demonstrating how design impacts performance.</li> <li>Analyze real-world examples of efficient simple and compound machines to illustrate their practical applications and benefits.</li> <li>Evaluate methods for improving the efficiency of machines, including lubrication, material choice, and structural design enhancements.</li> </ul>			



IV. PROCEDURES		ANNOTATION
	1. Activating Prior Knowledge Efficient simple and compound machines make work easier by using less effort, saving time, and increasing output. Simple machines, like levers, pulleys, and inclined planes, help by changing the direction or size of a force. Compound machines combine two or more simple machines to perform tasks more effectively. An efficient machine reduces energy loss due to friction and maximizes the force	<b>IDF RELEVANCE</b> The <b>Think-Pair-Share</b> activity is an active- learning strategy that encourages students to think critically, engage collaboratively, and develop deeper connections between simple
	applied to complete a task. Ontion 1: Think-Pair-Share: Simple Machines in Daily Life	machines and their practical applications.
A. Activating Prior Knowledge	• The teacher will begin by briefly reviewing the class about simple machines (lever, pulley, wheel and axle, wedge, screw, inclined plane).	<ul> <li>NOTE FOR TEACHER:</li> <li>Ask students to think about simple machines they encounter in daily life (e.g., a lever to lift a heavy object). Have them ist down them around a Them.</li> </ul>
	<ul> <li>Guide Questions: <ol> <li>What simple machines do you use regularly?</li> <li>How does each machine help make work easier?</li> <li>Where have you seen these machines applied in realworld engineering or construction?</li> </ol> </li> <li>Ask students to individually jot down three examples of</li> </ul>	<ul> <li>Them jot down three examples. Then, pair students to compare their answers before sharing with the class.</li> <li>To effectively provide feedback and monitor learners' progress during the <b>Think-Pair-Share: Simple Machines in</b></li> </ul>
	<ul> <li>simple machines they encounter in daily life (e.g., scissors, car jack, door hinges).</li> <li>Pair Discussion Phase <ul> <li>After listing their examples, students pair up and compare their answers.</li> <li>Their examples of simple machines</li> </ul> </li> </ul>	<b>Daily Life activity</b> , the teacher should: • Walk around to assess engagement, noting misconceptions and reasoning quality.



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<ul> <li>How each machine demonstrates translational or rotational motion</li> <li>Any new insights from their partner discussion</li> <li>Encourage critical dialogue, guiding them with these prompts:         <ol> <li>Do you and your partner have similar machines listed?</li> <li>Can you explain how these machines function?</li> <li>What forces (friction, tension, torque) influence their operation?</li> </ol> </li> </ul>	<ul> <li>Encourage deeper thinking with prompts like "How does torque affect efficiency?".</li> <li>Provide immediate, constructive comments, facilitate peer feedback, and use reflection cards.</li> <li>A simple checklist can help assess engagement and comprehension:</li> <li>Listed three relevant simple machines</li> <li>Explained how each machine reduces effort</li> <li>Identified relevant forces (friction, tension, torque)</li> <li>Demonstrated critical thinking in paired</li> </ul>
<ul> <li>Option 2: Interactive Quiz on Basic Machines</li> <li>The students will engage in a digital quiz to assess their prior knowledge of basic machines their functions and</li> </ul>	<ul> <li>In paired discussion.</li> <li>NOTE FOR TEACHER:</li> <li>The teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizizz or Mentimeter) to the teacher will use an online platform (e.g. Kabootl Quizi</li></ul>
characteristics, using an interactive learning platform (e.g., Kahoot!, Quizizz, or Mentimeter).	conduct a quiz about basic machines, their functions, and their



<ul> <li>The teacher will prepare a quiz with questions covering simple and compound machines, including: <ul> <li>Definitions &amp; Functions (e.g., What is a lever used for?)</li> <li>Examples (e.g., Which of the following is a pulley system?)</li> <li>Real-World Applications (e.g., How does a bicycle use both translational and rotational motion?)</li> </ul> </li> <li>Ensure questions are multiple-choice, true/false, or shortanswer for engagement.</li> <li>Discuss the common correct and incorrect answers to address misconceptions. <ul> <li>Ask guiding questions:</li> <li>Why did certain questions challenge you?</li> <li>What areas need further explanation?</li> </ul> </li> <li>Provide quick insights on motion principles and their applications.</li> </ul>

characteristics. This will gauge prior knowledge and interests.

- Encourage students to make predictions or recall prior lessons before starting.
- Provide a brief overview of simple and compound machines to activate knowledge.
- To effectively give feedback and monitor learners' progress during the interactive quiz, the teacher should:
  - Track engagement and identify misconceptions using the quiz platform's analytics.
  - Explain incorrect answers, encourage student-led reasoning, and hold mini discussions after key questions.
  - Promote self-assessment with prompts like "Which questions challenged you?" and "How does this connect to real-world applications?"
  - Conduct quick reviews, peer teaching, or hands-on activities to strengthen understanding.







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<ul> <li>The students will be divided into small groups and have them discuss: <ol> <li>Which tool would be the best choice for lifting the box efficiently?</li> <li>Which forces (friction, gravity, torque) influence your decision?</li> </ol> </li> <li>Encourage students to justify their choices using real-world reasoning (e.g., energy efficiency, ease of use).</li> <li>Each group presents their chosen tool and explains: <ol> <li>How does translational or rotational motion contribute to efficiency?</li> <li>What challenges might arise in real-world use of this tool?</li> <li>Would another tool be more efficient for a different type of task?</li> </ol> </li> </ul>	<ul> <li>4. Progress Tracking and Reflection <ul> <li>Use a simple checklist to assess whether students:</li> <li>Identified relevant forces influencing their choice</li> <li>Explained motion efficiency clearly</li> <li>Considered real-world challenges in tool use</li> <li>Encourage self-assessment with reflection questions: "Would another tool be more effective if the weight were heavier or the surface uneven?".</li> </ul> </li> </ul>
<ul> <li>Option 2: Group Discussion: Importance of Efficiency in Engineering and Technology</li> <li>Begin by defining efficiency in engineering and technology: <ul> <li>Efficiency refers to optimizing performance while minimizing waste, time, and energy.</li> </ul> </li> <li>Guide Questions: <ul> <li>Why is efficiency crucial in designing machines, structures, and systems?</li> <li>What are some examples of efficient vs. inefficient designs in technology?</li> </ul> </li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>Have students brainstorm why understanding efficiency is important in engineering and technology. What implications does this have in real life? Create a visual map of ideas on the board.</li> <li>The teacher will draw a large concept map on the board, starting with "Efficiency in Engineering &amp; Technology" in the center.</li> </ul>



<ul> <li>3. How does efficiency impact sustainability, cost, and productivity in real life?</li> <li>Brainstorming Session</li> </ul>	• Have students contribute their ideas and categorize concepts into branches, such as:
<ul> <li>Divide students into small groups (3-5 members per team).</li> <li>Have each group list three key reasons why efficiency matters in the field of engineering.</li> <li>Encourage them to provide real-world examples, such as: <ol> <li>Energy-efficient buildings - Reduce electricity consumption and carbon footprint.</li> </ol> </li> </ul>	<ol> <li>Economic Benefits - Cost reduction, improved productivity.</li> <li>Environmental Impact - Sustainable energy, waste management.</li> <li>Technological Advancements - Smart systems, AI-driven automation.</li> </ol>
<ul> <li>2. Fuel-efficient transportation – Improves performance while lowering costs.</li> <li>3. Automation &amp; AI in manufacturing – Enhances speed and accuracy while reducing waste.</li> <li>Facilitate a discussion based on student contributions: <ul> <li>Which aspects of efficiency are the most impactful in daily life?</li> <li>What challenges do engineers face in designing efficient systems?</li> <li>How can future technologies improve efficiency even further?</li> </ul> </li> </ul>	4. Real-Life Applications – Transportation, architecture, healthcare solutions.
<ul> <li>Option 3: Purpose Statement: Optimizing Machine Efficiency</li> <li>Setting Up the Purpose Statement         <ul> <li>Write the statement on the board: "Understanding efficiency allows us to design better machines that</li> </ul> </li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>The teacher will present a statement on the board: "Understanding efficiency allows us to design better machines that require less energy. Today, we will learn how to optimize the use of machines."</li> </ul>



	<ul> <li>require less energy. Today, we will learn how to optimize the use of machines."</li> <li>Read the statement aloud and ask students to reflect: <ol> <li>Why is efficiency important in engineering?</li> <li>How does optimizing machine design save energy and improve functionality?</li> </ol> </li> <li>Real-World Examples and Discussion <ol> <li>Guide students in identifying efficient vs. inefficient machines in daily life (e.g., fuel-efficient cars vs. older models).</li> <li>Discuss how engineers improve energy efficiency in transportation, robotics, and industry.</li> </ol> </li> <li>Ask students to write a short reflection: <ol> <li>How can motion principles help make machines more efficient?</li> <li>What improvements would you suggest for everyday machines?</li> </ol> </li> </ul>	<ul> <li>Have students brainstorm ways engineers optimize efficiency (e.g., using lightweight materials, improving motion mechanics).</li> <li>Create a visual mind map on the board, categorizing responses into:         <ul> <li>Material Innovations (e.g., energy-efficient motors, aerodynamic designs)</li> <li>Motion and Force Optimization (e.g., reducing friction, adjusting torque)</li> <li>Automation and Smart Systems (e.g., AI-powered efficiency tools)</li> </ul> </li> </ul>
	1. Presenting Examples	
<b>B</b> Instituting New	• The teacher will ask the following questions:	NOTE FOR TEACHER:
Knowledge	• Before Watching	• Show video clips of various simple machines in action (e.g., elevators,
	1. What do you already know about simple machines?	seesaws, pulleys). Pause at different
	2. How do you think simple machines help make work easier?	highlight efficiency.



3.	Can you name some examples of simple machines you encounter dailu?	• Simple Machines – Pulley (https://www.youtube.com/watch?y=p
	gou crocourter acaugi	xD3SHMp9Es)
o <b>D</b>	ouring the Video (Pause & Discuss)	Simple Machines
> 0	bserving Functionality	(https://youtu.be/s03LgyIgCtw?t=2
1.	What type of motion is demonstrated in this	3)
	machine—translational or rotational?	• What is a Pulley?
2.	How does this machine use force to complete a task?	(https://youtu.be/LiBcur1aqcg)
3.	What would happen if this machine were not designed efficiently?	
> E	fficiency in Action	
1.	How does the design of this machine improve efficiencu?	
2.	What changes could be made to make this machine even more effective?	
3.	How do engineers ensure that machines operate	
	with minimal energy loss?	
• <b>A</b>	fter Watching	
1.	Which simple machine seemed most efficient? Why?	
2.	How do these machines contribute to real-world	
	applications like construction, transportation, or energy production?	
3.	What would happen if modern technology did not improve on simple machines?	



4. How could you apply what you've learned to design a new or improved machine?	
<b>Option 2: Model Demonstrations</b>	NOTE FOR TEACHER:
<ul> <li>The students will observe hands-on demonstrations of simple machines—lever, pulley, and ramp—to understand how they work and when they are most efficient in real-world applications.</li> <li>Introduction and Context Explanation <ul> <li>Start with a class discussion:</li> <li>How do simple machines make work easier?</li> <li>Where have you seen levers, pulleys, or ramps in daily life?</li> <li>Explain that each machine reduces effort by manipulating force and motion.</li> </ul> </li> <li>Demonstration of Each Simple Machine <ul> <li>Lever:</li> <li>Place a board over a fulcrum.</li> <li>Apply force at different points to observe how position affects effort needed.</li> <li>Discuss real-world applications (e.g., crowbars, seesaws, car jacks).</li> </ul> </li> <li>Pulley: <ul> <li>Set up a pulley system with a rope and weight.</li> <li>Have students compare pulling directly vs. using a mulley to lift an object</li> </ul> </li> </ul>	<ul> <li>The teacher will bring in common tools (e.g., lever, pulley, ramp) and demonstrate how each one works. Discuss what context they are efficient in and what makes them work well.</li> <li>Preparation and Setup         <ul> <li>Gather demonstration materials:</li> <li>Lever: A sturdy board and a fulcrum (e.g., block or textbook).</li> <li>Pulley: A rope, small weights, and a pulley wheel.</li> <li>Ramp (Inclined Plane): A smooth board and small objects for sliding experiments.</li> <li>Arrange stations for each machine so students can rotate through hands-on activities.</li> </ul> </li> <li>To effectively give feedback and monitor learners' progress during the Model Demonstrations, the teacher should:</li> </ul>
<ul> <li>Set up a pulley system with a rope and weight.</li> <li>Have students compare pulling directly vs. using a pulley to lift an object.</li> </ul>	monitor learners Model Demonstr should:



<ul> <li>Explain applications in construction, cranes, and well systems.</li> <li>Ramp (Inclined Plane):         <ul> <li>Slide objects up a ramp and compare force needed vs. lifting vertically.</li> <li>Discuss applications in wheelchairs, loading docks, and accessibility ramps.</li> </ul> </li> <li>Student Engagement and Reflection         <ul> <li>Have students predict which machine is most efficient for different tasks.</li> <li>Allow hands-on trials where students manipulate each machine themselves.</li> <li>Facilitate a discussion on:             <ol> <li>Which machine required the least effort to move objects?</li> <li>How do engineers use these concepts to improve real-world designs?</li> <li>Assign a challenge: Find an example of a simple machine used in</li> </ol> </li> </ul> </li> </ul>	<ol> <li>Listen to discussions, ask probing questions, and encourage students to re-evaluate their observations.</li> <li>Clarify misconceptions, reinforce motion concepts, and highlight insightful reasoning.</li> <li>Track student engagement, prediction accuracy, and participation in hands-on trials.</li> <li>Made accurate predictions about machine efficiency</li> <li>Actively participated in hands-on trials</li> <li>Demonstrated clear reasoning in discussions</li> <li>Encourage students to compare expectations with findings and connect concepts to engineering</li> </ol>
<ul> <li>Assign a challenge: Find an example of a simple machine used in modern technology and explain its efficiency.</li> </ul>	<ul> <li>4. Encourage students to compare expectations with findings and connect concepts to engineering applications.</li> <li>5. Have students explain key takeaways and further inquiries on motion principles.</li> </ul>
2. Discussing New Concept	
In this part, the teacher may provide students with reading materials that they can use in the conduct of the selected activity.	



	NOTE FOR TEACHER:
Option 1: Facilitating Instruction on Efficiency and Mechanical Advantage	• The students will define efficiency, mechanical advantage, and characteristics of efficient machines
<ul> <li>The teacher will introduce the key concepts.</li> <li>Efficiency: The ratio of useful output work to input work in a machine, minimizing wasted energy.</li> <li>Mechanical Advantage (MA): The factor by which a machine multiplies the input force to reduce effort.</li> </ul>	<ul> <li>The teacher will use visuals and physical models to illustrate these concepts clearly.</li> <li>To affectively give feedback and</li> </ul>
<ul> <li>Guiding Questions: <ol> <li>How do efficient machines reduce energy loss?</li> <li>What is the importance of mechanical advantage in simple and compound machines?</li> </ol> </li> <li>The teacher will use visuals for conceptual clarity <ul> <li>Illustrate Efficiency:</li> <li>Show a diagram of an efficient vs. inefficient machine (e.g., a high-friction pulley vs. a well-oiled pulley).</li> <li>Highlight energy loss in inefficient systems due to heat, friction, or poor design.</li> <li>Demonstrate Mechanical Advantage: <ul> <li>Use a real-world example, such as comparing using a crowbar vs. lifting an object directly.</li> </ul> </li> </ul></li></ul>	<ul> <li>To effectively give feedback and monitor learners' progress during the "Direct Instruction on Efficiency and Mechanical Advantage", the teacher can implement the following strategies:         <ol> <li>Active Observation and Questioning                 <ul> <li>Walk around and listen as students engage with demonstrations, checking for correct use of terms and understanding.</li> <li>Ask probing questions like "How does changing the fulcrum position affect mechanical advantage?" or</li></ul></li></ol></li></ul>
<ul> <li>The teacher will show physical models and demonstrations         <ul> <li>Lever Demo:</li> <li>Set up a simple lever with a fulcrum and weights.</li> </ul> </li> </ul>	why abes a well-olled pulley work more efficiently?" to deepen comprehension. 2. Immediate Feedback and Concept Reinforcement



<ul> <li>observe changes in force requirements.</li> <li>Pulley Demo: <ul> <li>Compare lifting a weight with and without a pulley system.</li> <li>Explain how multiple pulleys reduce input effort and increase efficiency.</li> <li>Inclined Plane Demo: <ul> <li>Slide an object up a ramp vs. lifting it vertically.</li> <li>Discuss how inclined planes reduce the force needed by increasing distance traveled.</li> </ul> </li> <li>Class Discussion and Efficiency Analysis <ul> <li>Compare different machines and discuss:</li> <li>Which machine was the most efficient?</li> <li>How do engineers improve machine designs to reduce wasted energy?</li> </ul> </li> </ul></li></ul>	<ul> <li>observations, ensuring students understand the connections between efficiency, mechanical advantage, and real-world applications.</li> <li><b>3.</b> Structured Progress Monitoring <ul> <li>Use a checklist to assess whether students:</li> <li>Accurately describe efficiency and mechanical advantage</li> <li>Explain how each machine improves work efficiency</li> <li>Apply concepts when testing physical models</li> </ul> </li> <li><b>4.</b> Class Discussion and Reflection <ul> <li>Encourage reflection: How does efficiency impact sustainability and technology development?</li> </ul> </li> </ul>
<ul> <li>Have students test different fulcrum positions to</li> </ul>	o Highlight insightful
<ul> <li>observe changes in force requirements.</li> <li>Pulley Demo:</li> <li>Compare lifting a weight with and without a pulley system.</li> <li>Explain how multiple pulleys reduce input effort and increase efficiency.</li> <li>Inclined Plane Demo:</li> </ul>	observations, ensuring students understand the connections between efficiency, mechanic advantage, and real-work applications. <b>3. Structured Progress Monitoring</b> On Use a checklist to asserve
<ul> <li>Slide an object up a ramp vs. lifting it vertically.</li> <li>Discuss how inclined planes reduce the force needed by increasing distance traveled.</li> <li>Class Discussion and Efficiency Analysis         <ul> <li>Compare different machines and discuss:</li></ul></li></ul>	whether students:
<ol> <li>How do engineers improve machine designs to reduce wasted energy?</li> </ol>	<ul> <li>machine improves</li> <li>work efficiency</li> <li>Apply concepts when testing physical models</li> </ul>
	<ul> <li>4. Class Discussion and Reflection         <ul> <li>Encourage reflection: How does efficiency impact sustainability and technology development?</li> </ul> </li> </ul>
<b>Option 2: Group Exploration: Efficiency in Simple Machines</b>	NOTE FOR TEACHER:



<ul> <li>The teacher will divide students into small groups (3–5 members per team). Assign each group a different simple machine:         <ul> <li>Lever - Example: Crowbar, seesaw.</li> <li>Pulley - Example: Crane, well system.</li> <li>Wheel and Axle - Example: Bicycle, car tires.</li> <li>Inclined Plane - Example: Ramps, slides.</li> <li>Wedge - Example: Knife, axe.</li> <li>Screw - Example: Jar lid, drill bit.</li> </ul> </li> <li>Research and Analysis Phase         <ul> <li>Groups research their assigned machine, covering:</li> <li>Definition and Function - What does the machine do?</li> <li>Efficiency Factors - How does it reduce effort and increase productivity?</li> <li>Reducing Friction - What methods improve efficiency (e.g., lubrication, material choice)?</li> <li>Real-World Applications - Where is this machine used in engineering or daily life?</li> </ul> </li> <li>Group Presentations and Class Discussion         <ul> <li>Each group presents their findings.</li> <li>Encourage peer questions and discussion on efficiency improvements.</li> <li>Ask students to compare:                 <ul> <li>Which machines offer the greatest mechanical advantage?</li> <li>Which machines offer the greatest mechanical advantage?</li> <li>Mathematica advantage?</li></ul></li></ul></li></ul>	<ul> <li>Divide students into small groups and assign each a simple machine to research. Groups should understand and present its efficiency, options for reducing friction, and what makes it effective.</li> <li>The teacher will organize the presentation</li> <li>Each group will prepare a visual or interactive presentation, including:</li> <li>Diagrams – Label key components and forces at play.</li> <li>Demonstration (if possible) – A minimodel or hands-on example.</li> <li>Efficiency Comparison – Explain why their machine is better than manual effort.</li> <li>Please see the attached rubric for the "Group Exploration: Efficiency in Simple Machines" on page 31.</li> </ul>



2.	What challenges arise in optimizing efficiency?	NOTE FOR TEACHER:
Option 3: Analogy Machines • Introduce an • Athlet power machin • Ask students: • What o	<b>Discussion: Understanding Efficiency in</b> analogy, such as: <b>e Comparison:</b> The best athletes maximize while conserving energy—just like an efficient the that minimizes waste and maximizes work. ther real-world examples function efficiently?	<ul> <li>Use analogies, like comparing machines to athletes (the most efficient can do the most with the least effort), and have students create their analogies for understanding efficiency in machines.</li> <li>Please see the attached rubric for the "Analogy Discussion: Understanding Efficiency in Machines" on page 32.</li> </ul>
<ul> <li>Pairs or Small of an analogy <ul> <li>Encour</li> <li>2.</li> <li>3.</li> </ul> </li> <li>Group Present <ul> <li>Each g</li> <li>1.</li> </ul> </li> <li>Each g</li> <li>2.</li> <li>Encourage que</li> </ul>	<ul> <li>I Groups: Have students work together to think of or machine efficiency.</li> <li>Fage a diverse range of comparisons:</li> <li>A well-trained musician – A pianist who plays fluidly without wasted motion.</li> <li>A traffic system – Roads designed to minimize congestion, much like machines minimize inefficiency.</li> <li>A chef in a busy kitchen – Precision and organization reduce wasted movement, just like optimized machine designs.</li> <li>Attations and Class Discussion</li> <li>roup presents their analogy, explaining: How does their analogy relate to efficiency in machines?</li> <li>What factors make something efficient or inefficient?</li> </ul>	



<ul> <li>Would this analogy work for all machines or specific ones?</li> <li>Assign students a short reflection: If you were designing a new machine, how would you ensure efficiency?</li> <li>Developing Mastery</li> <li>Developing Mastery</li> <li>Introduction and Concept Explanation         <ul> <li>Define efficiency: The ratio of useful output work to input work in a machine.</li> <li>Present the efficiency formula and explain why efficiency matters in engineering and technology</li> </ul> </li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>Provide students with examples of output and input work for various machines. Step them through calculating efficiency (Output Work/Input Work x 100) as a class and the state work in t</li></ul>
<ul> <li>Provide real-world examples:</li> <li>A car engine converts fuel energy into motion, but some energy is lost as heat.</li> <li>A pulley system helps lift objects with reduced force, improving efficiency.</li> </ul>	examples.
<ul> <li>Guided Calculation as a Class         <ul> <li>Introduce example scenarios and solve together:</li> <li>Example 1: Pulley System</li> <li>Input work: 200 Joules</li> <li>Output work: 150 Joules</li> <li>Efficiency Calculation:</li> </ul> </li> </ul>	



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<ul> <li>Example 2: Inclined Plane <ul> <li>Input work: 500 Joules</li> <li>Output work: 400 Joules</li> <li>Output work: 400 Joules</li> <li>Efficiency Calculation:</li> </ul> </li> <li>o Discuss: What causes energy loss in each machine? How can efficiency be improved?</li> <li>Independent Practice and Group Collaboration <ul> <li>Assign students three new machine scenarios and have them calculate efficiency individually.</li> </ul> </li> <li>Example problems: <ul> <li>Lever in a construction site</li> <li>Wheel and axle in a bicycle system</li> <li>Hydraulic lift in a factory</li> <li>Encourage peer discussion before reviewing answers as a class.</li> </ul> </li> <li>Wrap-Up and Applied Learning Task <ul> <li>Facilitate a class discussion:</li> </ul> </li> </ul>	• Assign a reflection task: Find an example of an efficient machine in your environment and explain how it minimizes energy waste.
<ul> <li>Facilitate a class discussion:</li> <li>1. Which machines had the highest efficiency? Why?</li> <li>2. How can engineers improve machine efficiency to reduce energy loss?</li> </ul>	
<ul> <li>Option 2: Evaluating Machine Efficiency: A Visual Peer Review</li> <li>Preparation and Topic Selection</li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>The students will create small posters analyzing a common machine (e.g., a</li> </ul>



<ul> <li>Assign or let students choose a common machine to analyze (e.g., bicycle, car jack, elevator).</li> <li>Explain that the poster must include: <ul> <li>Machine Function – What does it do?</li> <li>Mechanical Advantage &amp; Efficiency – How does it reduce effort?</li> <li>Ways to Improve Efficiency – Consider friction reduction, material choice, or design changes.</li> <li>Visual Representation – Diagrams, labels, and real-world applications.</li> </ul> </li> <li>Creating Posters <ul> <li>Provide students with poster boards, markers, or digital tools for creating visuals.</li> <li>Allocate 20–30 minutes for students to develop their posters, ensuring clarity and structure.</li> <li>Encourage creativity and clear explanations using labeled diagrams.</li> </ul> </li> </ul>	<ul> <li>bicycle, pulley, or lever) in terms of efficiency and mechanics, then participate in peer review to provide constructive feedback.</li> <li>Assign students to revise their posters based on peer feedback.</li> <li>Ask them to write a short reflection: <ul> <li>What improvements did you make after peer review?</li> <li>How does analyzing machines help understand efficiency in engineering?</li> </ul> </li> <li>Please see the attached rubric for the "Evaluating Machine Efficiency: A Visual Peer Review" on page 33.</li> </ul>
<ul> <li>Peer Review Process         <ul> <li>Pair or group students to review each other's posters.</li> <li>Provide guiding questions for feedback:</li> <li>&gt; Is the explanation of efficiency clear and accurate?</li> <li>&gt; Does the poster include strong visuals that support understanding?</li> <li>&gt; Are there any areas that could be improved for clarity or detail?</li> </ul> </li> </ul>	



	<ul> <li>Students write feedback using sticky notes or digital comments.</li> <li>Class Discussion &amp; Reflection         <ul> <li>Have volunteers share insights from the peer review process.</li> <li>Discuss:</li> <li>What are common features of efficient machines?</li> <li>What did students learn about making visual information effective?</li> </ul> </li> </ul>	
C. Demonstrating Knowledge and Skills	<ol> <li>Finding Practical Application</li> <li>Option 1: Compound Machine Investigation         <ul> <li>Introduction and Context Setting                 <ul> <li>Begin with a discussion:</li></ul></li></ul></li></ol>	<ul> <li>NOTE FOR TEACHER:</li> <li>The students will research a household device that combines various simple machines (e.g., scissors) and analyze its efficiency. Report back to the class with findings.</li> <li>Please see the attached rubric for the "Compound Machine Investigation" on page 34.</li> </ul>



Scissors – Lever + wedge
Can opener – Wheel & axle + lever + wedge
<b>Bicycle</b> – Wheel & axle + lever + pulley
Hand drill – Screw + wheel & axle + lever
<ul> <li>Research and Analysis Phase</li> </ul>
o Groups investigate their chosen machine, answering
these key questions:
1. What simple machines make up this compound machine?
2. How does each component contribute to efficiency?
3. What forces act on the machine (friction, torque, gravity)?
4. How could the machine be redesigned to improve efficiency?
Presentation Preparation
<ul> <li>Groups create visual presentations (posters, slides, or diagrams).</li> </ul>
$\circ$ Each presentation includes:
Breakdown of simple machines used
<ul> <li>Explanation of how the machine optimizes force</li> </ul>
and motion
<ul> <li>Efficiency analysis and potential improvements</li> </ul>
<ul> <li>Class Presentations and Peer Discussion</li> </ul>
<ul> <li>Groups present their findings to the class.</li> </ul>



<ul> <li>Encourage peer questions and critical discussion, such as:         <ol> <li>Which household machine is the most efficient? Why?</li> <li>How do engineers design everyday tools for maximum efficiency?</li> </ol> </li> <li>Option 2: Virtual Tour: Exploring Machine Efficiency in Action         <ol> <li>Introduction and Context Setting</li> <li>Begin with an interactive discussion:</li> <li>What are simple machines, and how do they contribute to efficiency?</li> <li>Why is efficiency important in machine design and engineering?</li> </ol> </li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>Explain the goal: Students will explore curated videos, virtual simulations, and online resources showcasing real-world</li> </ul>
<ul> <li>Assign students to examine at least three types of simple machines, such as:</li> <li>Lever - Example: crowbar, seesaw, hydraulic lift</li> <li>Pulley - Example: crane system, cable cars</li> <li>Inclined Plane - Example: ramps in logistics, wheelchair access</li> <li>Wheel and Axle - Example: bicycles, conveyor belts</li> <li>Wedge - Example: cutting tools, industrial presses</li> </ul>	<ul> <li>Provide access to online resources, including:</li> <li>Virtual museum tours featuring historical and modern machinery Interactive simulations (e.g., PhET or engineering-based apps)</li> <li>Video demonstrations of machines in industry and everyday life</li> </ul>



<ul> <li>Screw - Example: drill mechanisms, construction tools</li> <li>Analyzing Efficiency in Virtual Environments         <ul> <li>Watch and analyze the efficiency of each machine by considering:</li></ul></li></ul>	<ul> <li>Summarize key findings from the virtual tour.</li> <li>Assign a reflection task: "How does machine efficiency shape innovation in engineering and technology?"</li> </ul>
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2. Making G	eneralization	
Option 1:	Socratic Seminar: Efficiency and Mechanical	NOTE FOR TEACHER:
• Settin o o o o o o o	<ul> <li>sociatic Seminal. Enciency and mechanical variation and Guiding Questions</li> <li>Before the seminar, students review prior lessons on efficiency and mechanical advantage.</li> <li>Provide them with discussion prompts to think about in advance: <ol> <li>Why is efficiency important in machine design and technology?</li> <li>How do simple and compound machines maximize mechanical advantage?</li> <li>What are some real-world examples where improving efficiency has led to technological advancements?</li> <li>What challenges do engineers face in making machines more efficient?</li> <li>g Up the Seminar Structure</li> <li>Arrange students in a circle or small discussion groups, encouraging open dialogue.</li> <li>Assign roles, such as:</li> <li>Clarifiers – Ask follow-up questions to deepen the conversation.</li> </ol> </li> </ul>	<ul> <li>The Socratic Seminar on Efficiency and Mechanical Advantage involves structured student discussions where they analyze key concepts through guided prompts.</li> <li>Preparation: Students review prior lessons and explore guiding questions on efficiency in machines.</li> <li>Seminar Structure: Students are grouped in circles, assigned roles like Contributors (leading discussions), Clarifiers (asking deeper questions), and Synthesizers (summarizing insights).</li> <li>Discussion Facilitation: The teacher introduces thought-provoking questions, encouraging students to support their arguments with real-world examples and follow-up questions.</li> <li>Engagement and Critical Thinking: Students build on peers' ideas, respectfully challenge assumptions, and refine their understanding through discussion.</li> <li>Reflection and Wrap-Up: Key insights are summarized, followed by class reflection on machine efficiency,</li> </ul>



<ul> <li>Synthesizers - Summarize discussions at intervals to refine understanding.</li> <li>Facilitating the Discussion         <ul> <li>Begin by posing a thought-provoking question related to efficiency and mechanical advantage.</li> <li>Students respond by citing examples, theories, or observations.</li> <li>Ensure engagement by encouraging:                 <ul> <li>Building on others' responses rather than just stating facts.</li> <li>Using real-world examples to support arguments.</li> <li>Asking follow-up questions that challenge assumptions and encourage deeper thinking.</li> </ul> </li> </ul> </li> </ul>	<ul> <li>engineering strategies, and the value of peer-led dialogue.</li> <li>Conduct a class reflection, asking: <ul> <li>How does efficiency shape innovation in engineering?</li> <li>What strategies can engineers use to improve mechanical advantage?</li> <li>What did you learn about discussing complex ideas through peer-led dialogue?</li> </ul> </li> </ul>
<ul> <li>Option 2: Concept Mapping: Simple Machines, Efficiency and Compound Machines <ul> <li>Introduction and Context Setting</li> <li>Begin with a discussion:</li> <li>What are simple machines, and how do they improve efficiency?</li> <li>How do simple machines combine to form compound machines?</li> <li>What role does mechanical advantage play in reducing effort and energy loss?</li> </ul> </li> </ul>	<ul> <li>NOTE FOR TEACHER:</li> <li>In groups, students create a concept map that outlines the relationships between simple machines, efficiency, and compound machines.</li> <li>Wrap-Up and Reflection Task</li> <li>Facilitate a discussion: <ul> <li>What were the strongest connections students identified?</li> </ul> </li> </ul>





<ol> <li>Why they structured the relationships as they did.</li> <li>What insights they gained about efficiency in machines.</li> <li>Any surprising connections they discovered.</li> <li>Encourage peer feedback, focusing on clarity and organization of ideas.</li> </ol>	
3. Evaluating Learning	
<b>Option 1: Post-Quiz: Efficiency and Simple Machines</b>	NOTE FOR TEACHER:
<ul> <li>Preparation <ul> <li>Preparation</li> <li>Prepare a quiz with multiple-choice questions covering: <ul> <li>Definitions of simple machines and efficiency.</li> <li>Concepts of mechanical advantage.</li> <li>Basic calculations related to efficiency and force.</li> <li>Ensure the quiz includes a mix of conceptual and application-based questions.</li> </ul> </li> <li>Delivery of the Quiz <ul> <li>Distribute the quiz either:</li> <li>Physically (printed copies).</li> <li>Digitally (using tools like Google Forms, Kahoot, or Quizizz). Provide clear instructions:</li> <li>Answer all questions to the best of your ability.</li> <li>Show calculations where required</li> </ul> </li> </ul></li></ul>	<ul> <li>The teacher will conduct a short quiz that tests student understanding on definitions, concepts, and calculations of efficiency related to simple machines.</li> <li>Wrap-Up and Reflection Task</li> </ul>
<ul> <li>Show calculations where required.</li> <li>Post-Quiz Discussion</li> </ul>	<ul> <li>Summarize key takeaways from the quiz.</li> </ul>



<ul> <li>After the quiz, review answers with the class:         <ul> <li>Discuss correct answers and explain reasoning.</li> <li>Address common misconceptions or errors directly.</li> </ul> </li> <li>Encourage students to ask questions about concepts they found challenging.</li> </ul>	• Assign a reflection task: Identify one concept you struggled with and research an example of its application in real-world machines.
<ul> <li>Option 2: Exit Ticket: Understanding Efficiency in Machines <ul> <li>Introduction and Purpose Explanation</li> <li>Explain that the exit ticket serves as a quick reflection to assess understanding.</li> <li>Emphasize concise yet insightful responses that connect efficiency principles to real-world applications.</li> </ul> </li> <li>Distribute the Exit Ticket Prompt <ul> <li>Provide students with index cards, slips of paper, or digital forms.</li> <li>Clearly state the prompt: In two sentences, define efficiency in machines. Give one example of a machine you consider highly efficient.</li> </ul> </li> <li>Collection and Review Process <ul> <li>Gather student responses at the end of class.</li> <li>Analyze answers to identify common themes, misconcentions and strengths</li> </ul> </li> </ul>	NOTE FOR TEACHERS: • Ask students to explain in two sentences what efficiency means in the context of machines and provide one example of a machine they consider efficient.
<ul> <li>Use insights from responses to adjust teaching strategies for future lessons.</li> <li>Class Discussion and Reinforcement (Optional)</li> </ul>	



<ul> <li>If time allows, discuss a few standout responses with the class.</li> <li>Encourage peer reflection: <ol> <li>Which machine example do you agree with the most? Why?</li> <li>How can efficiency in machines be improved further?</li> </ol> </li> <li>4. Additional Activity</li> </ul>	
Machine Efficiency Exploration and Innovation Challenge	NOTE FOR TEACHER:
<b>Objective:</b> Students will research analyze and evaluate machine	1. Preparation and Research
efficiency while proposing improvements for real-world applications.	• Introduce the Concept: Begin with a
Part 1: Research and Analysis	review of efficiency in simple and
1. Efficiency Defined	compound machines, emphasizing input vs. output work.
<ul> <li>Students research how efficiency is calculated for machines and explain the relationship between input work and useful output work using real examples.</li> </ul>	• <b>Provide Learning Resources:</b> Share articles, videos, or interactive simulations to help students explore key
2. Factors Affecting Efficiency	loss, and mechanical advantage.
<ul> <li>Using videos, articles, or simulations, students identify and summarize how factors like <b>friction, energy loss,</b> and mechanical advantage impact efficiency.</li> </ul>	• Assign Research Tasks: Have students choose two simple and two compound machines to compare efficiency and design differences.
3. Comparing Efficiency in Machines	-



<ul> <li>Students select two simple and two compound machines and compare efficiency levels based on design, function, and mechanical advantage.</li> <li>Part 2: Application and Evaluation</li> </ul>	<ul> <li>2. Application and Evaluation</li> <li>Real-World Observation: Guide students to identify common machines (e.g., bicycle, elevator, pulley system)</li> </ul>		
Tart 2. Application and Dvaluation	and evaluate their efficiency.		
4. Real-World Machine Efficiency	• Efficiency Analysis: Encourage		
<ul> <li>Students choose a machine used in daily life (e.g., bicycles, elevators, pulleys in cranes) and evaluate its efficiency.</li> </ul>	students to assess how the machine minimizes effort and identify factors affecting its performance.		
• They identify design features that maximize output while minimizing effort.	students suggest ways to enhance efficiency, such as lubrication, material		
5. Proposing Efficiency Improvements	selection, or design adjustments.		
<ul> <li>Based on their research, students suggest strategies for improving machine efficiency, such as better lubrication, material selection, or structural adjustments</li> </ul>			
aujustinents.	3. Creative Extension and Presentation		
Part 3: Creative Extension and Presentation 6. Innovative Machine Efficiency Poster/Prototype	• <b>Project Creation</b> : Basic Learners: Make a digital or physical poster illustrating findings.		
• Students create <b>a digital or physical poster</b> illustrating their findings, OR	<ul> <li>Advanced Learners: Design a prototype or simulation showing efficiency improvements.</li> <li>Peer Review and Reflection: Organize presentations where students explain</li> </ul>		



	<ul> <li>Advanced learners can design a prototype or simulation showing how efficiency improvements can be applied.</li> <li>7. Peer Review and Reflection <ul> <li>Students present their work, discussing innovations and efficiency comparisons.</li> <li>Peer groups provide constructive feedback, refining understanding through collaborative learning.</li> </ul> </li> </ul>	<ul> <li>their insights and receive feedback for refinement.</li> <li>Wrap-Up Discussion: Facilitate a class discussion on how efficiency impacts engineering innovations and problemsolving.</li> <li>Tips for Effective Facilitation <ul> <li>Encourage real-world connections by discussing efficiency in transportation, construction, and industry.</li> <li>Differentiate tasks based on student readiness, allowing personalized learning approaches.</li> <li>Promote inquiry-based learning by guiding students to ask and answer deeper questions about machine design.</li> </ul> </li> </ul>			
	Performance Task				
	*This activity is a continuation of the performance task in the previous	lesson.			
V. ASSESSMENT	<b>Continuation: Optimizing Machine Efficiency</b>				
(Assessing Learnings)	After completing the prototype design and testing, students will now focus on analyzing and enhancing <b>the efficienc of their machines</b> by identifying key characteristics of <b>efficient simple and compound machines</b> .				
	Phase 1: Efficiency Assessment and Analysis				
	• <b>Evaluate Performance:</b> Each group tests their prototype and measures its efficiency based on:				



<ul> <li>Mechanical advantage (Does it effectively reduce effort?)</li> <li>Energy transfer and losses (Is friction affecting performance?)</li> </ul>
<ul> <li>Energy transfer and losses (Is friction affecting performance?)</li> </ul>
• <b>Structural design</b> (Are materials contributing to efficiency or causing limitations?)
• Data Collection and Documentation: Students record observations, using measurements such as force applied, speed of motion, and energy loss to evaluate efficiency.
Phase 2: Refining and Improving Efficiency
• <b>Identifying Weak Points:</b> Students analyze where efficiency can be improved—whether through reducin friction, refining materials, or modifying design.
• <b>Applying Enhancements:</b> Groups redesign or modify specific machine components (e.g., lubricating movin parts, optimizing angles, adjusting weight distribution).
• <b>Comparative Testing:</b> Each group <b>re-tests their improved model</b> and compares results with their original prototype, measuring improvements in efficiency.
Phase 3: Presentation and Reflection
• <b>Final Demonstration:</b> Groups present their refined machine and showcase improvements in efficienc compared to their initial design.
• Efficiency Report:
<ul> <li>Summary of efficiency characteristics in their machine</li> </ul>
<ul> <li>Explanation of modifications made and how they influenced efficiency</li> </ul>
<ul> <li>Comparison of efficiency before and after enhancements</li> </ul>
• Reflection on real-world applications—how engineers optimize machine efficiency in industries
• Discussion and Peer Review: Class discussion on the fundamental characteristics of efficient simple an
Compound machines in engineering and technology.
Scoring Kubric:



Category	Excellent (4)	Good (3)	Needs Improvement (2)	Incomplete (1)
Prototype Design and Functionality	Demonstrates a well- structured machine with both rotational and translational motion; highly functional and efficient	Machine is well- designed with both motion types but has minor efficiency limitations	Machine incorporates both motions but lacks efficiency or structural stability	Machine is incomplete or lacks required motion components
Application of Physics Concepts	Clearly explains mechanical advantage, force, torque, and efficiency with accurate calculations	Explains key physics concepts with mostly correct calculations	Limited explanation of physics concepts; calculations may be unclear or incorrect	Little to no application of physics concepts
Efficiency Evaluation and Innovation	Effectively analyzes efficiency factors (friction, energy loss) and suggests realistic improvements	Identifies efficiency challenges and suggests improvements, but lacks depth in analysis	Superficial evaluation of efficiency; suggested improvements are vague or impractical	Minimal effort in evaluating efficiency or proposing improvements
Use of Materials and Sustainability	Uses <b>recycled</b> <b>materials</b> creatively while ensuring durability and effectiveness	Incorporates some recycled materials while balancing functionality	Uses basic materials with minimal sustainability considerations	Little to no use of recycled materials
Presentation and Communication	Clear, engaging presentation with <b>well-</b> organized visuals,	Presentation is clear with structured	Basic presentation with limited clarity and interaction	Disorganized or incomplete presentation



	strong explanations,	explanations, but		
Team Collaboration and Problem- Solving	Excellent teamwork with balanced participation and creative problem- solving	Collaboration is strong, with good problem-solving strategies	Uneven participation; problem-solving is limited	Poor teamwork, minimal collaboration, and unclear problem- solving approach
Multinle Chaice: Re	ad each question carefully	and choose the best at	newer	
	ad each question carefully			
1. Which combinatio	n of simple machines is for	and in a pair of scissors	s?	
A. Lever and v	vedge	B. Pulley and inc	clined plane	
C. Wheel and	axle and screw	D. Wedge and in	clined plane	
2. Which simple mac	hine is most efficient for li	fting heavy objects vert	ically?	
A. Inclined plane B. Pulley system				
C. Lever		D. Wheel and axle		
3. Which principle best explains how a lever reduces the effort needed to lift a hea			to lift a heavy object?	
A. Mechanical advantage B. Friction reduction				
C. Energy conservation D. Rotational motion				
4. What happens to t	he efficiency of a machine	if friction increases?		
A. Efficiency in	ncreases	B. Efficiency decreases		
C. Efficiency r	emains constant	D. Efficiency bec	comes unpredictable	
5. How does increasi	ng the length of an incline	d plane affect its efficien	ncv?	
A. It decreases	s efficiency by increasing fi	riction.	5	
B. It increases	efficiency by reducing the	force needed.		
C. It has no ef	fect on efficiency.			



D. It	t increases eff	iciency by reducing energy	loss.		
6. Which factor has the greatest impact on the efficiency of a pulley system?					
A. T.	he weight of t	he object being lifted	B. The number of pulle	ys used	
С. Т	he length of t	he rope	D. The material of the r	rope	
7. Why is lubrication important in improving the efficiency of machines?					
A. It	increases me	chanical advantage.	B. It reduces energy los	s due to friction.	
C. It	eliminates th	ne need for input work.	D. It increases the spee	d of motion.	
8. What is	the primary r	eason compound machine	s are more efficient than si	mple machines?	
A. T.	hey use less e	energy.			
В. Т	hey combine	multiple functions to redu	ce effort.		
С. Т	hey eliminate	friction completely.			
D. T	ĥey require n	o input work.			
9. Which c	haracteristic	s essential for an efficient	compound machine?		
A. It	must use on	ly one type of simple mach	ine.		
B. It	: must minim	ize energy loss and maxim	ze output work.		
C. It	must operate	e without any input force.			
D. It	t must be mae	le of lightweight materials			
10. What is	s the mechan	ical advantage of a lever if	the input arm is twice as lo	ong as the output arm?	
A. 1		B. 2	C. 0.5	D. 4	
Answer Ke	y:				
ITEM	ANSWER	~	RATIONALIZATI	ION	_
1	A	Scissors combine a lever	handles and pivot point) a	nd a wedge (blades) to cut efficiently.	_
2	В	A pulley system reduces	input force by distributi	ng the load across multiple ropes or	
		pulleys.			_
3	А	A lever provides mechanic	al advantage by adjusting	the fulcrum position to reduce required	
_		torce.		1	_
4	В	Increased triction causes	greater energy loss as heat	t, reducing efficiency.	



	5	В	A longer inclined plane lowers required input force, improving efficiency.				
	6	В	More pulleys distribute force better, reducing the necessary input.				
7 B Lubrication minimizes resistance, reducing wasted energy and i efficiency.							
	8	В	Compound machines integrate multiple simple machines to enhance efficiency.				
	9	В	Efficiency in compound machines depends on reducing energy loss while maximizing useful output.				
	10	В	Mechanical advantage is the ratio of input arm length to output arm length. If the input arm is twice the length, the mechanical advantage is 2.				
<b>VI. REFLECTION</b> (Feedback and Continuous Improvement)	Teachers c encourage lesson obje	an take note d to record re ectives.	take note tasks that will be continued the next day or additional activities needed. They are also o record relevant observations or any critical teaching events that influence on the attainment of the ives.				

#### Group Exploration: Efficiency in Simple Machines Rubric

Criteria	4 - Excellent	3 - Proficient	2 - Developing	1 - Needs Improvement
Definition and Function	Clearly and accurately defines the assigned machine, demonstrating deep understanding of its role.	Defines the machine accurately with minor gaps in understanding.	Provides a basic definition, but lacks depth or contains errors.	Definition is unclear, incomplete, or incorrect.



Efficiency Factors	Explains efficiency concepts thoroughly, using strong examples and connections to motion principles.	Provides a clear explanation with relevant efficiency factors but lacks depth.	Identifies efficiency factors but explanation is vague or missing key connections.	Does not effectively explain efficiency or misinterprets key concepts.
Reducing Friction Strategies	Offers insightful methods for improving efficiency (e.g., lubrication, material selection) with real-world examples.	Identifies strategies with general reasoning but lacks strong real-world connections.	Mentions basic strategies but lacks explanation or clarity in application.	Fails to identify or explain how friction reduction improves efficiency.
Real-World Applications	Provides multiple relevant examples of where the machine is used in engineering or daily life, demonstrating deep understanding.	Gives some relevant examples but lacks detailed explanations.	Offers limited examples with vague or unclear connections to real- world use.	Struggles to provide real-world examples or fails to make connections.
Presentation and Peer Engagement	Presentation is well-organized, engaging, and encourages peer interaction through thought- provoking discussion.	Presentation is clear, but lacks depth or engagement with peers.	Presentation is somewhat unclear or lacking enthusiasm in delivery.	Presentation is disorganized, unclear, or missing essential points.

#### Analogy Discussion: Understanding Efficiency in Machines Rubric

Criteria	4 - Excellent	3 - Proficient	2 - Developing	1 - Needs Improvement
Quality of Analogy	Analogy is highly creative, well-developed, and clearly linked to machine efficiency.	Analogy is relevant and mostly clear, with a strong connection to efficiency concepts.	Analogy is somewhat relevant but lacks depth or clear connection to efficiency.	Analogy is unclear, weakly linked to efficiency, or missing key elements.



Conceptual Understanding	Explanationthoroughlyconnectsanalogytoefficiencyprinciples,showingstronggraspofconcepts.	Explanation makes logical connections to efficiency but lacks some depth or clarity.	Explanation is basic, with limited connections to efficiency principles.	Explanation is vague, missing key concepts, or does not connect effectively to efficiency.
Group Collaboration and Engagement	Group members actively contribute, engage in thoughtful discussion, and refine ideas collectively.	Group collaborates well, though participation varies slightly among members.	Group works together but lacks strong engagement or balanced contribution.	Minimal collaboration or engagement; contributions are unclear or incomplete.
Presentation and Clarity	Presentation is well- structured, engaging, and clearly explains analogy with strong reasoning.	Presentation is clear but lacks depth in explanation or engagement.	Presentation is somewhat unclear or lacks organization.	Presentation is disorganized, difficult to follow, or missing key components.
Critical Thinking and Discussion	Encourages meaningful peer discussion, addressing insights and exploring alternative efficiency comparisons.	Generates discussion and some peer questions but lacks depth in analysis.	Discussion is limited, with basic peer engagement.	Minimal engagement or discussion; lacks effort to explore alternative comparisons.

#### **Evaluating Machine Efficiency: A Visual Peer Review Rubric**

Criteria	4 - Excellent	3 - Proficient	2 - Developing	1 - Needs Improvement
Machine Function Explanation	Clearly defines the machine's function with precise, well-supported explanations.	Provides an accurate definition with mostly clear reasoning.	Gives a basic explanation but lacks depth or supporting details.	Explanation is vague, unclear, or incorrect.



Mechanical Advantage and Efficiency	Thoroughly explains how the machine reduces effort, integrating relevant physics principles.	Explains mechanical advantage with some depth but lacks strong connections.	Mentions efficiency but provides limited or unclear explanations.	Fails to explain mechanical advantage or efficiency accurately.
Ways to Improve Efficiency	Identifies multiple well- reasoned methods to enhance efficiency (e.g., friction reduction, material choice).	Provides relevant improvement strategies with general reasoning.	Suggests improvements but lacks strong justification.	Offers vague or unrealistic suggestions with little connection to efficiency.
Visual Representation (Diagrams and Labels)	Diagrams are well- organized, properly labeled, and visually support the explanation effectively.	Diagrams are clear but may lack some detail or labeling consistency.	Diagrams are present but lack clarity or proper labels.	Diagrams are missing, unclear, or do not support the explanation.
Peer Review Participation	Provides detailed, constructive feedback, actively engages in discussions, and refines ideas.	Gives useful feedback with moderate engagement in discussions.	Provides minimal feedback or engages passively in discussions.	Little to no participation in review process or unclear feedback.
Presentation and Clarity	Well-structured presentation with clear, engaging explanations and strong reasoning.	Presentation is organized and mostly clear, though some explanations lack depth.	Presentation is somewhat unclear or lacks strong organization.	Presentation is difficult to follow, disorganized, or missing key explanations.

#### **Compound Machine Investigation Rubric**



Identification of Simple Machines	Accurately identifies all simple machines in the compound machine with strong supporting explanations.	Identifies most simple machines correctly, with clear reasoning.	Identifies some simple machines but lacks accuracy or explanation depth.	Misidentifies key components or provides unclear reasoning.
Efficiency Analysis	Provides a thorough explanation of how each component contributes to efficiency, with real-world connections.	Explains efficiency factors clearly, but some connections lack depth.	Mentions efficiency but lacks clear application to real- world use.	Minimal analysis; unclear or missing connections to efficiency.
Forces Acting on the Machine	Clearly identifies and explains forces (friction, torque, gravity) with detailed examples and impact analysis.	Identifies key forces with general explanation, but lacks depth.	Mentions forces but provides limited detail or unclear reasoning.	Fails to identify key forces or does not connect them to machine efficiency.
Redesign and Improvement Suggestions	Proposes innovative, well- supported redesign ideas to improve efficiency with logical reasoning.	Suggests reasonable improvements with some supporting explanation.	Offers basic redesign ideas, but lacks strong justification or practicality.	Provides vague or unrealistic improvement suggestions with little connection to efficiency.
Visual Presentation and Organization	Well-structured, engaging, and visually appealing presentation with clear diagrams and labels.	Presentationisorganizedandinformativebutlacksstrong visual clarity.	Presentationissomewhatunclear,lackingdetailedvisuals or structure.	Presentation is disorganized, difficult to follow, or missing key components.

Concept Mapping: Simple Machines, Efficiency and Compound Machines Rubric

Criteria	4 - Excellent	3 - Proficient	2 - Developing	1 - Needs Improvement
Organization and	Concept map is highly	Concept map is well-	Concept map lacks	Concept map is
Structure	organized, logical, and well-	structured with clear	logical flow, with	disorganized, difficult



	structured, clearly showing	connections, but some	unclear or weak	to follow, and missing
	relationships between	relationships could be	connections between	key relationships.
	categories.	refined.	categories.	
Conceptual Understanding	Demonstrates deep understanding of simple machines, efficiency, and mechanical advantage, with well-explained connections.	Shows good understanding, making relevant connections but lacking deeper insights.	Displays basic understanding, but some connections between concepts are vague or missing.	Shows little understanding, with weak or incorrect concept connections.
Connections Between Machines and Efficiency	Strong and insightful connections between simple machines, compound machines, and efficiency principles.	Makes relevant connections, though some may lack detail or clarity.	Shows some connections, but lacks depth or logical progression.	Minimal connections made, unclear or missing relationships.
Visual Representation and Clarity	Concept map is clear, visually appealing, and effectively uses diagrams, labels, and colors to enhance understanding.	Concept map is mostly clear, but some labels or visuals lack consistency.	Concept map has visuals but lacks clarity or organization.	Concept map is unclear, poorly labeled, or missing key visuals.
Presentation and Peer Engagement	Well-articulated explanation, engaging delivery, encourages meaningful peer discussion and questioning.	Clear presentation with relevant details, but lacks strong engagement.	Presentation is somewhat unclear or lacks full explanation of connections.	Presentation is difficult to follow, lacks clarity, or does not engage discussion.

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