

UNIFIED SUPPLEMENTARY LEARNING MATERIALS

Grade 6- HEALTH

**Week
2**

Components of Consumer Health

Expectation

At the end of the lesson, the learner...

- enumerates the components of consumer health

Looking Back

Direction: Write TRUE if the statement is correct and FALSE if not.

- _____ 1. Anyone who buy something is a consumer.
- _____ 2. As a consumer, one must be aware and wise in selecting the services that one needs to acquire.
- _____ 3. Consumer health does not help people take actions if rights are violated.
- _____ 4. The Philippine government protects the consumers through R.A. 7394 or Consumer Act of the Philippines.
- _____ 5. Consumer health protects you from fraud and malpractice.

Brief Introduction

It is of utmost importance that we should be in a lipton shape not only physically but emotionally and mentally as well. We buy health products and avail of health services for our protection and well-being. However, not all products and services being purchased is right, necessary, and safe. This is where consumer health comes in.

A consumer is anyone who uses a product or service, while consumer health is concerned with helping you select products and services wisely. Consumer health is a state of well-being enjoyed by people who buys products or services for their protection. It enables the individual to understand their health and health-related decisions for them.

COMPONENT OF CONSUMER HEALTH

1. **Health Information** – information's come in two types: a). Reliable sources; b). Reliable health information
2. **Health Products** – such as food, pharmaceutical products, Cleaning agents and personal care products.
3. **Health Services** – from health professionals, health units and health care plans/programs.

Activity

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Direction: Choose the correct answer from the box and write it on the space provided.

Cleaning Agents

Personal Care Products

Health Professionals

Food

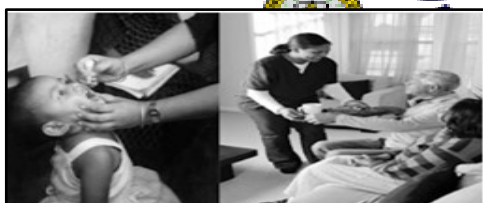
Health Care Plans and Programs



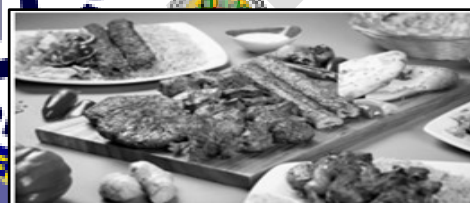
1. _____



2. _____



3. _____



4. _____



5. _____

Reference

DepEd Teacher's Guide Health 6
The 21st Century MAPEH in ACTION, Ligaya Bautista Garcia-Quinitio Et.Al. pp.294-296
Grade 6 BOW 4 HEALTH
Castro, Benjamin; De Vera, Rhonald; Larracas, Ruth (2017). The Joys of MAPEH 6, Quezon City, Ephesians Publishing Inc.

Answer Key

Looking Back

1. True
2. True
3. False
4. True
5. True

Activity

1. Health Professionals
2. Cleaning Age
3. Health Care Plans & Programs
4. Food
5. Personal Care Products

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