

UNIFIED SUPPLEMENTARY LEARNING MATERIALS

Grade 6 – HEALTH

**Week
7**

Reading Labels and Packaging

Expectation

At the end of the lesson, the learner . . .

- analyzes packaging and labels of health products.

Looking Back

Direction: Write **True** if the statement is correct and **False** if it is not.

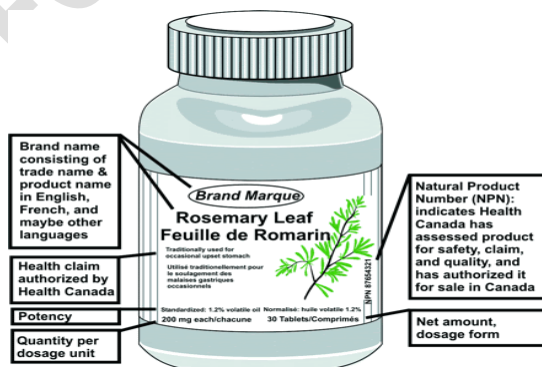
- _____ 1. Plain Folk is a propaganda technique using ordinary people or trying to sound ordinary to sell something.
- _____ 2. Humor Appeal is an advertising technique that contains a catchy slogan, jingle, or cartoon that gets attention.
- _____ 3. Scientific is a propaganda technique that uses tests, statistics, and scientific-sounding words to convince.
- _____ 4. Testimonial is a propaganda technique using big personalities such as experts and celebrities to endorse a product.
- _____ 5. Snob is a type of propaganda in which the customer gets another product or same product twice for the purchase of the original product.

Brief Introduction

A label is a piece of paper, plastic film, cloth, metal, or other material affixed to a container or product, on which is written or printed information or symbols about the product or item. Information printed directly on a container or article can also be considered labelling.

The **product label** is one of the most valuable tools consumers have. Reading labels and inspecting the benefits the products can give to the users are significant steps taken by a wise consumer. Reading labels can help you make informed food choices. Packaged foods and drinks—the types that come in cans, boxes, bottles, jars, and bags—have a lot of nutrition and food safety information on their labels or packaging.

Read the label of a product. Product labels have to be read carefully for consumers to be aware of the important details about the product.



5 Reasons Why Labels Are Important

- Ingredients
- Health Risk
- How To
- Warnings
- Savings

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Activity

Direction: Identify the product labels. Choose your answer from the words inside the box and write your answer on their designated boxes.

Date Marking	Net Weight	Product Name
Ingredient List	Nutrition Information	
Usage Instruction	Manufacturer's Details	

The diagram shows a carton of 'VERYGOOD' brand 'Pasteurised Fresh SOYA MILK'. Seven numbered boxes are connected by lines to specific parts of the label:

- 1. USE BY
- 2. VERYGOOD
- 3. Pasteurised Fresh SOYA MILK
- 4. INGREDIENTS
- 5. NUTRITION INFORMATION
- 6. KEEP REFRIGERATED
- 7. Manufactured by: Indeg Industries Pte Ltd

References

Deped Teacher's Guide Health 6

The 21st Century MAPEH in ACTION, Ligaya Bautista Garcia-Quinitio Et.Al. pp.294-296
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<https://portal.paladinpos.com/news/5-reasons-why-labels-are-important/>

Answer Key

Looking Back

1. True
2. True
3. True
4. True
5. False

Activity

- | | |
|--------------------------|---------------------------|
| 1. Date Marking | 6. Usage Instruction |
| 2. Product Name | 7. Manufacturer's Details |
| 3. Net weight | |
| 4. Ingredient List | |
| 5. Nutrition Information | |